



# ShrinkRAP

Newsletter of the New Zealand College of Clinical Psychologists  
THE SPECIALIST ORGANISATION FOR CLINICAL PSYCHOLOGISTS

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**“Ka hua te kumara hou, ka whakato te kumara tupu”**

*When the kumara hou flowers, the kumara sprout are planted out.  
Knowledge of the environment and the seasons is embraced in this  
proverb.*

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**CALL FOR SUBMISSIONS for WORKSHOP, PAPER AND  
POSTER PRESENTATIONS for NZCCP 2015 CONFERENCE**



*Psychology across the  
Lifespan  
Valuing strength and  
diversity*

*Me pumau tonu tenei mea te matauranga hinengaro  
Ano, me whakapakari, me titiro whanui, ka tika.*

**[FOR MORE DETAIL AND TO REGISTER,  
DOWNLOAD THE BROCHURE AND REGISTRATION  
FORM HERE](#)**

**[OR REGISTER ONLINE HERE](#)**

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## College News

### *Patron welcomed*

Sir John Kirwan was welcomed as the first patron of the NZ College of Clinical Psychologists (NZCCP) at an afternoon tea held in his honour on Tuesday 7 October.



*Sir John (right) is presented with a gift by College President, Deb Moore, and Vice President, Elliot Bell.*

Sir John is a former All Black and professional rugby coach in New Zealand. He has spoken openly about his experience of, and recovery from, depression, particularly in the context of the Ministry of Health's National Depression Initiative. His advocacy work in mental health has focused on destigmatisation and encouraging help seeking. With regard to the latter, he is a strong advocate of using psychological therapies and strategies in treatment and relapse prevention. He has written extensively about this in his autobiography "All Blacks don't cry" and the newly released "Stand by me", a book co-written with College members Elliot Bell and Kirsty Loudon-Bell to help parents of teens going through tough times. His services to mental health were honoured firstly in 2007, when he was made an Officer of the New Zealand Order of Merit, and in 2012, when he was appointed a Knight Companion of the New Zealand Order of Merit.

Sir John, with his extensive advocacy work raising the awareness of and de-stigmatising mental health issues, and in particular depression, is a great fit for the College and the clinical psychology profession.

The event, held at the NZCCP office in Wellington was attended by the current President and Vice President, Deb Moore and Elliot Bell, two past Presidents, John Bushnell and Nigel Fairley, the College Kaumatua, Kuni Shepherd, and the newly elected Māngai Māori, Luke Rowe. Also there to welcome Sir John were several members of the Wellington Branch Committee, representatives from Auckland and Christchurch, and the NZCCP Executive Director, Caroline Greig.

Sir John was presented with a copy of the NZCCP history book, *Te Awa: The first 21 years of the New Zealand College of Clinical Psychologists*, and an artwork purchased from Roar, the art gallery displaying and selling works created by a group of Wellington-based mental health service users.

We look forward to a long and mutually beneficial relationship with Sir John.

### *Website update*

Thanks to a wonderful suggestion from NZCCP Fellow, Malcolm Stewart, a new online library for useful journal articles is now up and running on the College website. [Check it out here](http://www.nzccp.co.nz/about-the-college/publications-and-resources/published-journal-articles/) (<http://www.nzccp.co.nz/about-the-college/publications-and-resources/published-journal-articles/>).

Initially a number of articles published in the Journal NZCCP over the years have been posted to the library and it is hoped that in the future articles will be submitted from a wider population. You are all hereby invited to suggest articles for inclusion in this library either that have been published in the Journal NZCCP or any other relevant journal, with publishers' permission to reprint these. Email these to [office@nzccp.co.nz](mailto:office@nzccp.co.nz).

Another wonderful new website feature is a calendar of events, which appears on each page and which provides easily accessed links to all educational and other events listed on the website.

### *Journal NZCCP*

The themes for the Journal NZCCP 2015 issues are:

**Bodies**, published May 2015, deadline 15 April

**Care of Older People**, published November 2015, deadline 15 October 2015

If you have (or know of someone else who has) an interest in any of the above themes

and could write an article, or do a literature search, or if you could review a conference or workshop you've attended, or a book or article you've read, or if you are aware of some good online assessment measures or apps, please contact Caroline at [office@nzccp.co.nz](mailto:office@nzccp.co.nz).

If there is a book you want to read and are interested in reviewing it, Journal book review editor, Dr. Charlene Rapsey ([charlrapsey@gmail.com](mailto:charlrapsey@gmail.com)), may be able to get you a free review copy.

Please don't forget that we are always keen to receive and publish letters to the editor, and encourage all students to submit articles, case studies, book reviews, commentaries on a set of abstracts, reviews of conferences or workshops and students whose submissions are published are paid \$100.

*From the Editor*

*Readers are encouraged to send information about new and relevant applications and resources for inclusion in ShrinkRAP.*

### **NZCCP Membership News**

At the National Executive meetings since the ShrinkRAP Winter 2014 edition was published, the following people have been approved and accepted as

#### **Full Members** of the College:

Warren Bernard, Hawkes Bay  
Paula Cannan, Ashburton  
Lynette Foster, Wellington  
Moses Kazidi Musese, Invercargill  
Nick Kendall, Christchurch  
Helen Lenihan, Auckland  
Jane Marshall, Wellington  
Jan Prosser, Hamilton  
Janice Taylor, Otago  
Marie Young, Hawkes Bay

As a Full Member, each may now use the acronym MNZCCP.

The following people have been approved as **Associate Members** of the College:

Caleb Carati, Wellington  
Rewa Murphy, Wellington  
Phoebe Naismith-Thomass, Wellington  
Chad Sloley, Christchurch  
Jane Thurlow, Wellington

The National Executive wishes to congratulate these people on attaining their new membership status.

### **Membership renewals**

For those of you who haven't done so yet this is just a wee reminder that your NZCCP/MPS membership renewals are DUE NOW. You can renew your membership at the [online NZCCP/MPS subscription renewal page](#).

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### **STATEMENT ABOUT PSYCHOLOGISTS' NOTES AND S 133(14)**

As you may all be aware, the Issues Paper about s 133(14) is now on the Psychologists' Board website and on the College website. The Principal Family Court Judge has indicated he will disseminate the paper to Family Court judges. However, notwithstanding this, we are aware that some psychologists continue to accept instructions from lawyers to access and review the notes of psychologists, in order to advise a party's lawyer for the purpose of assisting them with cross examination, pursuant to s 133(14).

We wish to inform our colleagues that under no circumstances do we intend to accept instructions from any lawyer to view the notes of a s 133 report writer to assist with cross examination pursuant to s 133(14). While we recognise that there are currently no guidelines that inform ethical behaviour in this situation, we believe that to accept such instructions may compromise ethical standards as argued in the Issues Paper.

*Fred Seymour, Suzanne Blackwell, Briar McLean, Dianne Cameron, Sarah Calvert, Paulette Laidlaw, Kath Orr, Peter Coleman, Louise Woolf, Helen Norman, Anne Raethel, Shelia Wilton, Jo Bowler. Chris Grove, Eileen Fisher, Kate Burke, Richard Smith, Jude Clough, Gillian Taylor.*

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### **Summary of the Psychology Workforce Group (PWG) meeting, 19 August, 2014**

#### *Present*

Guy Breakwell (Midcentral DHB; DHB Psychology Advisors); Tania Wilson (Werry Centre Senior Advisor); Denise Kingi-Uluave (Le Va Clinical Leader); Monique Faleafa (Le Va CEO); Jeanette Berman (Educational Psychology, Massey University); Nikki Reynolds (Dept. of Corrections); Raymond Nairn (National Standing Committee on Bicultural Issues); Pamela Hyde (Society Executive Director); Peter Coleman (Society President); Steve Osborne (Board Registrar)

and CEO); Anne Goodhead (Board, Psychology Advisor); Ann Connell (Board Chairperson); Deb Moore (College President); Caroline Greig (College Executive Director). Richard Linscott (Professional Programmes) chaired the meeting.

#### *Māori and Pasifika Workforce Issues*

Denise Kingi-Uluave presented an update on activities of Pasifikology; three clinical psychologists at Le Va, developing resources in partnership with the Māori Workforce Centre, including a depression fact-sheet in Samoan and Tongan, a wallet card, and other resources that can be accessed from the Le Va website.

Monique Faleafa reported that organisation-level cultural competency guidelines have been developed. There are nine guidelines in all, and some of these will serve to protect and support Māori and Pasifika clinicians. Monique met with Graeme Benny (HWNZ Director) and reported that she is now on the HWNZ Pacific Workforce Steering Group.

Tania Wilson noted regarding child and adolescent mental health, that only 3 of 165 psychologists are Pasifika and 12 are Māori. Māori and Pasifika are not well represented among leadership; and retention of Māori and Pasifika staff is low. As for initial entry, Māori tend to go into alcohol and drug services or social work, with psychology coming quite a long way down the list. Māori and Pasifika staffing within Corrections is also low (8 and 1, respectively). Retention issues are not just salary-related. Importantly, access to appropriate supervision and representation-related administration loads are also significant issues. The need for appropriate supervision is regarded as one of the keys to addressing these challenges. Other needs include protection of staff from extracurricular demands by enabling them to set limits; increasing levels of Māori / Pasifika staffing, especially at more senior levels; and that junior staff are particularly protected from these demands. There was extensive discussion of how to address these needs of Māori and Pasifika clinicians within the public sector.

Denise Kingi-Uluave suggested Le Va would explore the development of an advisory group to address these concerns. Monique Faleafa recommended a position statement be formulated. She agreed to work toward converting aspects of the aforementioned organisational guidelines into a draft position statement that will be brought back to the PWG.

#### *Immigration Review of Essential Skills in Demand List*

Anne Goodhead addressed the matter of correspondence from Ministry of Business, Innovation and Employment (MBIE), and the Boards response (tabled), commenting on the review of the presence of Educational Psychologist on the skill shortage list.

#### *New HWNZ Task Force*

Steve Osborne reported that Janice Mueller has been appointed to the HWNZ Allied Health Science and Technical Task Force Group Governance Group. It is not yet known what the terms of reference for the task force are.

#### *Internship Consensus Statement*

Richard Linscott reported that there had been very little response from Programme Directors following an invitation to contribute to the formulation of a consensus statement. Following the suggestion that the PWG draft such a statement for subsequent circulation, several key issues were discussed at length, including the merits of salaried vs. stipend-based internships, the distance of internship settings from the programme base, and supervision access and support for interns. It was recognised that some of the current challenges, particularly in relation to salaried vs. stipend-based internships, lay in union coverage of intern psychologist roles, the registration status of intern psychologists, and the interaction of these. It was suggested that some relief from this difficulty may be afforded by a new model of practicum training under a different title, such as *psychology registrar*. It was agreed that additional data were required in order to proceed (e.g., counts of salaried, stipend-based, and unpaid internships; travel and distance issues; supervision) and Pamela Hyde, Jeanette Berman, and Richard Linscott would collaborate on this.

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#### **Summary of the Psychology Profession Advisory Forum (PPAF) meeting, 19 August, 2014**

Representatives of the New Zealand Psychologists Board, the New Zealand College of Clinical Psychologists, the New Zealand Psychological Society, the DHB Professional Leaders, university HoDs, and training Programme Leaders attended this half-day meeting in Wellington.

*Key issues discussed:*

*Best Practice Guidelines*

Anne noted that the Board will consider a second draft of the proposed "Informed Consent" guidelines at their meeting later this week. If approved, they will be posted on the Board's website for consultation.

*Counselling Psychologist Core Competencies*

Ann noted that the Board adopted the final version of the Core Competencies for Counselling Psychologists at their May meeting. The Board will consider a draft proposal for a (time limited) grand-parenting pathway into the scope later this week.

*International Project on Competence in Psychology*

Steve noted that good progress continues to be made on developing the draft competencies. An early draft was used as the basis for consultation at a number of recent regional meetings, including ICAP in Paris and the Pan-African Union in Durban in July 2014. The IPCP Working Group also met in Paris to progress the project in light of the input from the ICAP sessions and from Moana Waitoki (who has submitted a comprehensive set of proposed revisions focussing on the role of culture in the document). The Working Group's next meeting is set for Oslo in September, and the one after that will be in New Zealand in February 2015.

*Cultural Competence* (Updates re each organisation's cultural competence activities)  
NZPB – Monique noted that the Medical Council has commissioned a review of its cultural competence resources. A news story about the review was circulated to all PPAF attendees. The Board will be interested to see the results of the review, and to apply any learnings to their own cultural competence documents and processes.

*Access to an accredited research ethics committee for all psychologists and the status of the NZ Ethics Committee (Dunedin)*  
Peter reminded the meeting of the problem faced by psychologists who are not part of a health or university system in accessing an accredited ethics review committee. He noted that the (embryonic and independent) NZ Ethics Committee is not accredited, but may nonetheless be a good option for those psychologists who cannot otherwise meet their ethical obligation to have their research appropriately reviewed. Peter has formally asked the Board a question about reliance on the NZ Ethics Committee, and the Board will

be considering the matter at their meeting later this week. It was noted that the College has no concerns about the NZEC. It is unclear what authority the NZEC would have, or what the consequences would be if they did not approve of a proposal. Steve noted his concern that, as with any purely voluntary, unaccredited body, the NZEC could change its rules and/or membership at any time.

*Feedback to the Board about their 'Complaint Process Feedback' questionnaires*

Peter noted that a few Society members had reviewed the Board's feedback forms, and thought they should be offered electronically as well as in paper form. In addition to using Likert response scales, space for comments should be available.

It was clarified that, under the HPCA Act, the Board does not have the option to "dismiss" a complaint but that it can decide to take no further action. The Board has, to date, only a small sample of responses from the PCC feedback form and it is too soon to make any definitive statements about trends in the data. Although apparently some practitioners still feel the HPCA Act processes subject them to a form of double jeopardy, Steve explained how that is actually not the case. It is nonetheless appreciated that practitioners can perceive some duplication and overlap.

*HoDs and PLs reported that:*

*Accreditation:* The Directors of the training programmes are looking forward to being engaged in the next phase of consultation on the accreditation review. Concerns remain that some of the standards are ambiguous and/or over-reaching, that accreditation teams are not adequately trained or familiar with their terms of reference, that the process does not protect unique or special characteristics of programmes, and that the opportunity for conflicts of interest is significant.

*Internships:* Some Programme Directors report that there are not enough internship placements to meet demand and are calling for efforts to be put toward expansion of placement opportunities for interns from DHBs and other services, including improving the recognition of supervisors and quality supervision.

*Financial issues affecting students:* The programmes have anecdotal evidence that a minority of prospective interns are being affected by financial hardship, particularly mature students; substantive data remain elusive. There is concern that financial

constraints create a disproportionate disadvantage to minority groups and individuals from lower socio-economic backgrounds. One programme director reported that two students were lost from the pre-internship year and another did not take up a place in the intake year due to insufficient funds.

*Scopes of practice:* There have been continued calls for more to be done to educate employers, senior managers, and policy makers about what psychologists do and in regard to the informational value of scope labels.

*DHB Professional Leaders reported that:*

*Internships:* A process for funding for next year has been agreed and, although it is neater and cleaner than previous years, it still needs some shaping. It was noted that interns from Health psychology and from Child and Family psychology programmes could be included in the scheme.

*Job Titles:* The Advisors are pushing for uniformity in how job titles (especially at the Senior and Consultant levels) are used by different DHBs. There is some misunderstanding by Directors of Allied Health. There has been some push-back, as changes may impact on other professions.

*Psychologists in Primary Health:* Employment of psychologists in the Primary Health sector remains inconsistent around the country. Some DHBs employ them, and some do not. The challenge is how to establish positions in all DHBs, when funding for access is quite variable.

The next meeting of the DHB Advisors will be held on October 23 & 24 in Wellington.

#### Psychologists Board

*First Annual HRANZ Conference* – Ann noted that the Health Regulation Authorities of New Zealand (HRANZ) held their first annual conference in May.

*Meeting with the Psychology Board of Australia* – Ann reported that Professor Brin Grenyer (Chair) and Ms Alley Peck (Executive Officer) from the PsyBA attended part of the NZ Board's meeting in May. Ann and Steve will also be meeting with the PsyBA and attending the annual Australian "NRAS" conference in Melbourne later this month.

*Release of notes* – Steve noted that representatives from the Auckland Family Court Psychologists collective, the Society, the College, and the Board continue to lobby the court and the government to reconsider

changes to the Care of Children Act that can make a psychologist's raw notes available to the parties. Principal Family Court Judge Ryan is sympathetic, and has ensured that his judges are all aware of our concerns. The group will approach the appropriate Ministry officials after the September election.

The next PPAF meeting will be held on 18 November 2014, 1-4pm.

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#### **ACC/NZCCP/NZPsS liaison meeting, 29 July**

Update on changes

- Shirley Lammas (Category Manager – Specialised Treatment) gave an update on the tender for the new Integrated Services for Sensitive Claims
- The tender was extended for five days to complete the tender requirements. Evaluations are in the process of being completed
- ACC able to signal good response to the tender
- Some people have expressed some ambivalence about the Sensitive Claims changes and it is acknowledged that change can make people a bit nervous
- Tender applicants will be notified of the outcome at the beginning of October
- The new service design is anticipated to go live on 24 November 2014 – two implementation Supplier Managers have been brought on to train and support Suppliers over the next 12 months. Training materials are currently being developed
- As there were a range of health providers applying for this contract with a variety of qualifications, it was necessary to view academic records to ensure that the skills deemed essential for the different components of the service design were met. ACC is sorry if this caused frustration among the sector but it was necessary to ensure that all potential providers met the criteria for the various services being tendered for. Having said this, ACC takes this feedback on board and will consider how the tender process can be improved upon for subsequent tenders
- ACC has employed two more Branch Advisory Psychologists and a

psychiatrist, which will enable faster clinical responses and greater liaison with the sector.

- A paper on sexual grooming is being presented to Parliament – opening up the possibility of sexual grooming being added to Schedule 3 events and therefore being potentially covered by ACC. An update will be provided.
- Telepsychology guidelines are being produced by Branch Advisory Psychologists to produce guidance to ACC providers regarding the pros and cons of telepsychology especially when working with clients with sensitive claims. The paper needs to be reviewed by ACC policy and legal before being released to providers.

#### National list of potential suppliers

- There was a request for a national list of names of potential Suppliers, ACC is unable to provide any details until contracts are awarded in late September / early October.
- All Suppliers and their details will be available on a new website. .

- The website will only give details at the supplier level. However it will assist the client to find a provider with any attributes and expertise they are looking for.
- ACC is looking at the parameters and process for suppliers to come back to ACC with additional providers once the contract goes live.

#### Observations of my favourite animal, and how it guides my clinical practice

*Duncan Thomson*

As a clinical psychologist I have long admired the sloth. It takes a very cautious and considered approach, watching things from above and maybe sometimes coming down from the tree for one hour each week to see a client. Then, it curls up either by the radiator or under its desk to process the contents of therapy through the mentally efficient process of dreaming. Then it has an esoteric conversation with another sloth in the staff room that makes it feels superior to the other animals scurrying round on the jungle floor and forgets it is supposed to do some CCP - thingy. Three fingered genius!

# NZCCP

## National Education Training Timetable

The NZ College of Clinical Psychologists aims to encourage and facilitate continuing education opportunities for members, by providing nationally coordinated events to a high standard. Our goal is to coordinate training opportunities between branches with the goal of facilitating training in all regions. Please consult the [Event Calendar](http://www.nzccp.co.nz/events/event-calendar/) on the College website for further information and links (<http://www.nzccp.co.nz/events/event-calendar/>)

### TRAINING TIMETABLE

#### NZCCP Events

LOCATION	MONTH	PRESENTER / CONTENT
Dunedin	6 November	Learning from Complaints
Auckland	21 & 22 March 2015	NZCCP national conference

#### Other Events

LOCATION	MONTH	PRESENTER / CONTENT
Main centres	31 October – 14 November	<a href="#">Mental Health Law Conference 2014</a>
Wellington	11 November	<a href="#">EMDR Study Day</a>
Rotorua	14-15 November	<a href="#">Alzheimers NZ Biennial Conference DEMENTIA: THE FUTURE IS NOW</a>
Palmerston North	20-22 November	<a href="#">12th Psychosocial Oncology NZ Conference</a>
Christchurch	21-23 November	Dr Stephen Arthey/ <a href="#">The Assessment and Treatment of Depression and Personality Disorders with Intensive Short-Term Dynamic Psychotherapy</a>
Auckland	25-29 March 2015	The 40th Annual Scientific Meeting of the NZ Pain Society <a href="#">"Pain Through the Ages"</a>
Dunedin	13-15 March 2015	<a href="#">A Gathering for NZ Mindfulness Facilitators and Teachers</a>

## CALL FOR PAPERS



*Psychology across the  
Lifespan  
Valuing strength and  
diversity*

*Me pumau tonu tenei mea te matauranga hinengaro  
Ano, me whakapakari, me titiro whanui, ka tika.*

### **NZCCP 26<sup>th</sup> National Conference**

Saturday 21 - Sunday 22  
March, 2015

Quality Hotel Parnell,  
Gladstone Rd, Parnell,  
Auckland

**Submissions are invited** for paper presentations, workshops and posters on any topic relevant to clinical psychology for the NZCCP 2015 Conference as follows:

**Paper presentations** reporting on research relevant to clinical psychology, and from experienced clinicians, which reflect on aspects of clinical psychology practice.

**Workshop presentations** on topics relevant to clinical psychologists and which are practical, evidenced based and represent best practice

**Posters** that will be available for viewing by attendees throughout the conference. *Posters should be approximately 115cm wide and 85cm high.*

**Deadline for Abstract Submission:** 30 November 2014

**Submit Abstracts to:** Caroline Greig, [office@nzccp.co.nz](mailto:office@nzccp.co.nz) **or online here.**

*You will be notified regarding acceptance by 31 January 2015.*

#### **Please include the following information:**

1. Name of the communicating author
2. E mail address
3. Title of the paper/poster/workshop
4. Length of workshop (from one to three hours)
5. Names of all authors and a brief note of affiliation (e.g., Dept. of Psychology, University of Auckland) for the authors
6. Audio/visual requirements (*standard facilities for PowerPoint presentations will be provided*)
7. Abstract (see abstract information below)

#### **Abstract submission information**

Abstracts will appear in the programme exactly as they are provided.

Format: Microsoft Word.

- *Research empirical papers* to include background, aims, methods, results and conclusions. Theoretical or professional topics should include background, aims, main contributions and conclusions. 250 word maximum.
- *Practical workshops* can be on any professional area. Please nominate the preferred length from 1, 1.5, 2 or 3 hours. Abstracts to include background, aims, methods and learning objectives. 500 word maximum.
- *Poster* abstracts to include background, aims, methods, results and conclusions. Theoretical or professional topics should include background, aims, main contributions and conclusions. 250 word maximum.

#### **Calling all students!!! Student Awards**

NZCCP student members are invited to enter submissions for consideration for two student awards for Outstanding Student Presentations: The John Dugdale Award for an oral presentation and the Olina Carter Award for a poster presentation. These awards involve a cash prize. If you are a Student Member and wish your Paper/Poster considered for these awards please note this when you submit your abstract, and state the university programme with which you are a student.

NZCCP PO BOX 24088 WELLINGTON T: 04 801 6088 F: 04 801 6086 E: [office@nzccp.co.nz](mailto:office@nzccp.co.nz) W: [www.nzccp.co.nz](http://www.nzccp.co.nz)

**SPRING 2014**

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## CLASSIFIED



September, 2014.

Dear All Interested Parties,

The University of Otago, Wellington is pleased to confirm we will be offering the **Advanced Topics in Cognitive Behaviour Therapy** (COBE404) Postgraduate paper in 2015.

This course is suitable for past Otago Postgraduate CBT Certificate students (min B Pass) and people who have a PGDip in Clinical Psychology (or equivalent).

It is designed to suit new grad psychologists or psychologists who want to extend their CBT knowledge and skills. The course covers advanced conceptualisation, working with complex cases, and advanced topics in mental health and addictions. It is a practical and applied mental health workforce development course.

The paper is taught from the University of Otago, Wellington campus. Participants are expected to attend the three week-long teaching blocks, and final exam.

Block One 23-27 March 2015

Block Two 8-12 June 2015

Block Three 17-21 August 2015

Final Exam End October (TBA)

Te Pou have confirmed they will provide funding for this course in 2015. The funding covers the course fees as well as subsidy payments to employers once the student has completed the course.

Please contact our administrator (details below) to request a copy of the current brochure and Application for Acceptance form. Close off date is 31<sup>st</sup> October, 2014.

Maria Fitzmaurice [maria.fitzmaurice@otago.ac.nz](mailto:maria.fitzmaurice@otago.ac.nz) (Ph 04 3855541 ext 6511)

Kind Regards

Maria Fitzmaurice

Postgraduate Programme Administrator

Dept of Psychological Medicine

University of Otago, Wellington.



THE NEW ZEALAND  
ASSOCIATION OF  
PSYCHOTHERAPISTS (INC.)  
TE ROOPUU WHAKAORA  
HINENGARO

Registrations are now open  
Nancy McWilliams is returning to Wellington  
24–25 July 2015

## *Dr Nancy McWilliams*

### *Introducing the second edition of the Psychodynamic Diagnostic Manual (PDM)*

*Attending this seminar will give you access to the use of a diagnostic tool which will not only assist in your thinking about your clients but will also be helpful for communications with other health professionals and institutions such as ACC, DHBs, courts and insurance companies.*

**Dates:** Friday 24<sup>th</sup> and Saturday 25<sup>th</sup> July 2015

**Times:** 9.30am – 5pm

**Venue:** Wellington (venue to be confirmed)

**Cost:** See below



NZAP is pleased to be welcoming Nancy McWilliams to Wellington. Nancy is well known to us as author of *Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process* (1994, rev. ed. 2011), *Psychoanalytic Case Formulation* (1999), and *Psychoanalytic Psychotherapy: A Practitioner's Guide* (2004).

As Associate Editor of the *Psychodynamic Diagnostic Manual* (2006), Nancy is well-placed to introduce and familiarise us with using the second edition of the PDM.

The PDM can be seen as a psychodynamic diagnostic alternative or even accompaniment to the DSM diagnostic convention. This seminar will encourage a better understanding of the relationship between psychodiagnosis and treatment, and the application of psychoanalytic understanding to diverse clinical situations such as narcissistic conditions, personality problems, trauma and dissociative disorders and other clinical challenges.

Nancy will use case material (possibly video) to illustrate working with presentations of both self-defeating patterns and schizoid psychologies – the latter may feature comparative psychotherapeutic approaches.

*Nancy McWilliams' books have been translated into seventeen languages, and she lectures frequently both nationally and internationally. She also has a private practice in Flemington, New Jersey. For more information please visit Nancy's website at: <http://nancymcwilliams.com>.*

	Price incl. GST (after 30/03/2015)	Discounted if paid by 30/03/2015
NZAP members	375.00	320.00
Non-members	475.00	420.00

**Enrolment:** follow this link to the enrolment form: <http://form.jotform.co/form/42629248246864?>

Enquires please email: [barbara.bassett@mailboxnz.com](mailto:barbara.bassett@mailboxnz.com)



Are you a **Psychologist** looking for a new challenge?

Focus on Potential is looking for Psychologists with experience in one of the following areas:

**Concussion** - Waikato, Rotorua and Bay of Plenty regions.

**Behavioural Support** - Nationally.

Be rewarded with great contract rates, full workload flexibility and a unique opportunity to be part of a positive service.

- Full or part-time contract work available
- Applicants must have:
  - Excellent communication skills
  - Minimum of 2 years clinical experience in the area of mild TBI and or Behavioural Management of complex clients.
  - A current APC with the NZ Psychologists Board

Please register your interest by sending your CV and a cover letter to:

Cassandra Hopkins - Director

Email: [cassandra@focusonpotential.com](mailto:cassandra@focusonpotential.com)

Ph: 07 855 0779

**[www.focusonpotential.com](http://www.focusonpotential.com)**