



ShrinkRAP

**Newsletter of the New Zealand College of Clinical Psychologists
THE SPECIALIST ORGANISATION FOR CLINICAL PSYCHOLOGISTS**

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Mauri tu, mauri ora

An active soul is a healthy one

(This can be interpreted many ways in many different contexts, for example with winter well upon us it is easy to batten down the hatches, snug up and be less active. The challenge is to avoid these temptations and be as socially, spiritually and physically active as you would be at any other time of the year.)

2016 Conference

Planning for the 2016 conference, Diversity in Clinical Practice, scheduled for 9 & 10 April in Wellington, is going well and John and Julie Gottman have been engaged for a 2 day preconference workshop on Couples therapy and a conference keynote. Russell Kolts will be giving the post conference workshop and a conference keynote address both on Compassion Focussed Therapy. Watch this space for the call for papers and the flyer which is currently in production.

NZCCP Membership Benefits

The full range of excellent benefits available to College members can be [downloaded via this link](#). A few of these resources which members find particularly useful are as follows:

Access to excellent Indemnity Insurance

Members of the College are eligible for membership of the Medical Protection Society, which provides inexpensive professional indemnity including access to legal advice and representation in the event of a hearing. Even working for organisations such as District Health Boards does not mean that you are protected in the event of malpractice complaints. MPS provides enduring coverage for events that happened in the entire time you paid MPS fees. This means that you will be entitled to

representation in the case of a retroactive complaint even if this arises many years after your retirement. Even more importantly, there is no upper limit on the financial assistance available and there is no excess to be borne by you. Student members of the NZCCP are entitled to be covered by the MPS scheme at no cost.

Access to free confidential counselling service

The Medical Protection Society also facilitates a free EAP style counselling service for members who may be having difficulties or issues in their personal or professional lives, that can't be addressed during supervision sessions.

Access to free online psychology database

The EBSCO Publishing online Psychology Research Database is now available free to all College members. This provides unlimited remote access to their Core Psychology Research Package containing Psychology & Behavioral Sciences Collection, MEDLINE with Full Text, and Mental Measurements Yearbooks with Tests in Print.

Active support for students

During the period of clinical training, membership with NZCCP is free and you receive both publications. Prizes are awarded for student presentations at conference and some of the local branches support students from their area to attend the NZCCP Annual

Conference. The College also has annual student awards. Students have access to College education events at reduced or no cost. The College provides a [mentoring program](#) for students and new clinicians, and a [list of resources](#) that have been recommended by NZCCP members is available on the website. NZCCP student members are encouraged to submit articles for the Journal of the NZCCP for which they are remunerated. Keep an eye out for upcoming themes!

Reduced rate for new Associates

Associate members have a reduced fee for up to two years or until they achieve full membership status with NZCCP. More importantly, NZCCP student members who apply for Associate membership as soon as they have been registered in the clinical scope, are given free membership until the end of the financial year (30 June) and then a 50% discount on the Associate membership fee for the next financial period.

Support and Mentoring for College Members

From time to time, psychologists have complaints made against them to the NZ Psychologists Board and, although these are usually resolved relatively quickly, and are rarely upheld, the process can at times be lengthy and very distressing.

There is a [page on the NZCCP website that has the following information about support and mentoring available for College members.](#)

The Psychologists Board have [a Guide for Psychologists Under Investigation by a Psychologists Board Professional Conduct Committee](#)

In addition there are a number of other useful support mechanisms available for College members who find themselves in this situation. The [Medical Protection Society \(MPS\)](#), which [provides professional indemnity to members of the College](#), not only provide legal advice and support but also facilitates a free EAP style counselling service for members who may be having difficulties or issues in their personal or professional lives, that cannot be addressed during supervision sessions. MPS can be contacted on 0800 22 55 677.

(If you are not already a member of MPS you can download the [MPS membership application form here.](#))

In addition, the College has set up a panel of senior and experienced members who have made themselves available for confidential mentoring and support for people who are finding the process difficult. For more information about this panel and help [please email Caroline via this link](#)

NZCCP Website

This is to remind you that you can [register as a user of the website at this link](#) or you can click on the following link: <http://www.nzccp.co.nz/profile/register>; and while there if you want your private practice details published please add as many details as you wish to include in the "Professional Details" field.

Once you have been authorised as a College member you will have full access to the EBSCO journal database and, if appropriate, your private practice details will be published in the "find a clinical psychologist" resource for the public. Incidentally, this easy to use tool is the most visited page on the website.

Other resources on the website include [an online library for useful journal articles](#) and an [online library of resources for working with different cultures.](#)

A number of articles published in the Journal NZCCP over the years have been posted to the article library and it is hoped that in the future articles will be submitted from a wider population. You are all hereby invited to suggest articles for inclusion in this library either that have been published in the Journal NZCCP or any other relevant journal, with publishers' permission to reprint these. Email these to office@nzccp.co.nz.

As with the journal article library, you are also invited to suggest relevant articles, presentation or information for inclusion in the working with different cultures resource, with publishers' permission to reprint these. Email these to office@nzccp.co.nz

NZCCP Membership News

At the National Executive meetings since the ShrinkRAP Autumn 2015 edition was published, we would like to welcome the following people in the following categories:

Full Members of the College:
Maureen Barnes, Christchurch
Hannah Bos, Wellington
Robyn Boyd, Palmerston North

Diane Clare, Nelson
 Stefan Dalrymple-Alford, Wellington
 Marion Doherty, Auckland
 Esma Duncan, Christchurch
 Hayley Findlay, Hamilton
 Trixie Gardiner, Palmerston North
 Ruth Gillingham, Whangarei
 Eve Graham, Auckland
 Tracy Haitana, Christchurch
 Aimee Hanson, Christchurch
 Jasmine Harding, Wellington
 Rachel Hodge, Christchurch
 Louise Jenkins, Christchurch
 Chhavi Khanna, Hamilton
 Jessica Mitchell, Auckland
 Lucia Munoz Larroa, Wellington
 Samuel O'Sullivan, Wellington
 Charmali Peris Christchurch
 Carolin Ritter, Christchurch
 Jim Roache, Invercargill
 Rachel Tauamiti (nee Harrison), Christchurch
 Amber Tritt, Nelson
 Gustavo Vechi, Hamilton
 Sinetta Voight, Auckland

As a Full Member, each may now use the acronym MNZCCP.

Associate Members of the College:

Gjurgjica Badzakova, Auckland
 Elle Black, Auckland
 Hannah Blakely, Christchurch
 Patrice Bourke, Wellington
 Sasha Bruneau-Herman, Auckland
 Erica Chadwick, Wellington
 Maria Chalmers, Nelson Sophie Dickson, Wellington
 William Drummond, Wellington
 Trixie Gardiner, Palmerston North
 Lucy Gilmour, Christchurch
 Jenna Hammington, Wellington Matthew
 Gauranga Jeram Patel, Wellington
 Hannah Moss, Invercargill
 Charlotte Renouf, Christchurch
 Wallis Rose, Tauranga
 Polly Schaverien, Wellington
 Stephanie Snelson, Christchurch
 Bridget Young, Wellington

The National Executive wishes to congratulate these people on attaining their new membership status.

Membership renewals

Are overdue now! You can renew your membership at the [online NZCCP/MPS subscription renewal page](#).

College members who have had requests circulated to the membership wish to thank those of you who've replied to these messages and to let you all know that your responses are most gratefully received.

Executive and Council changes

NZCCP Kaumātua, Kuni Shepherd has resigned from this role and was farewelled at the Council meeting late last month with a lovely ceremony and a presentation of a custom carved tokotoko. We were also delighted to welcome Fred Reti as our new Kaumātua. Fred is currently the Pou Mana (Cultural Advisor) at Te Taiwhenua o Heretaunga, one of the largest Maori NGOs in the country. He is a registered Social Worker by trade and an active member of his Tangoio Marae Committee. Fred has utilised both the mental health system and the Hahi Ratana as vehicles for dedicating his life to supporting Maori communities particularly in Hawkes Bay.

Journal NZCCP

The themes for the next Journal NZCCP issues are:

Care of Older People, published November 2015, deadline 30 October 2015.

Relationships, published May 2016, deadline 30 March 2016

Culture, published November 2016, deadline 30 September 2015

Leadership, published May 2017, deadline 30 March 2017

If you have (or know of someone else who has) an interest in any of the above themes and

- could write an article, or
- do a literature search, or
- if you could review a conference or workshop you've attended, or
- review a book or article you've read, or
- if you are aware of some good online assessment measures or apps,

please contact Caroline at office@nzccp.co.nz.

If there is a book you want to read and are interested in reviewing it, Journal book review editor, Dr. Charlene Rapsey (charlrapsey@gmail.com), may be able to get you a free review copy.

Please don't forget that we are always keen to receive and publish letters to the editor,

and encourage all students to submit articles, case studies, book reviews, commentaries on a set of abstracts, reviews of conferences or workshops and students whose submissions are published are paid \$100.

[We look forward to seeing your wonderful submissions \(which can be submitted online here: <http://www.nzccp.co.nz/about-the-college/publications-and-resources/journal-nzccp-article-submission/>\)!](http://www.nzccp.co.nz/about-the-college/publications-and-resources/journal-nzccp-article-submission/)

The editorial team would like to applaud Wellington member, **Polly Schaverien**, who regularly puts her hand up to help, writes superb articles, proofreads thoroughly and is helpful, friendly, and always goes the extra mile

[How to Use Journal Alerts](#)

Journal Alerts save valuable research time, and can be set up to provide automatic e-mail notification whenever a new issue of a particular journal becomes available in the EBSCO interface you are using.

To create an alert, you must log in to My EBSCOhost to create a search alert.

If you do not log in prior to setting up a Journal Alert you will be prompted to do so. If you do not have a My EBSCOhost personal folder, you can set one up by clicking on I'm a new user. It is free and signing up is quick and easy.

- [Creating a Journal Alert](#)
- [Editing a Journal Alert](#)
- [Deleting a Journal Alert](#)
- [Viewing a Journal Alert](#)

Other news

A new Lowdown for young New Zealanders (from Health Promotion Agency email, 5 May 2015)

Based around the idea 'Straight up answers for when life sucks', The Lowdown now tackles anxiety as well as depression.

It has also been redesigned to work on mobiles to reflect the way young people access information.

On the site young people will find:

- Quick steps to help build healthy mental wellbeing

- Videos of 13 real young people telling their stories
- Healthy behaviours to build resilience
- Places to go to get help
- Information for anyone worried about a friend
- A moderated forum for young people to share stories and experiences and provide peer to peer support

Have a look at thelowdown.co.nz.

Meditation is as good as anti-depressants for tackling depression, a major study has suggested (NZ Herald, 21 April 2015)

Researchers at Oxford University say that mindfulness-based cognitive therapy stopped as many people from sliding back into depression as strong medication.

Mindfulness is a form of meditation that encourages people to become more aware of the present moment and their own place in the world, to avoid thoughts spiralling out of control.

The study followed 492 severely depressed adults over two years, half of whom received mindfulness training and the other half who stayed on anti-depressant drugs.

It found 47 per cent of people taking medication slipped back into major depression, compared with 44 per cent of people practising mindfulness meditation.

"While this study doesn't show that mindfulness-based cognitive therapy works any better than maintenance anti-depressant medication in reducing the rate of relapse in depression, we believe these results suggest a new choice for the millions of people with recurrent depression on repeat prescriptions," said Dr Willem Kuyken, the lead author and Professor of Clinical Psychology at Oxford University.

Figures published by the Health and Social Care Information Centre last year showed that around 50 million prescriptions for anti-depressants are written in Britain each year, a seven per cent rise from 2013. In towns such as Salford and Middlesbrough, one adult in six is on medication.

Official guidance from the National Institute for Health and Care Excellence urges doctors in England to treat patients suffering mild to moderate depression with psychological therapies. But medication is recommended for more severe depressive illness.

Mindfulness-based cognitive therapy was developed to help people who have experienced repeated bouts of depression by teaching them the skills to recognise thoughts associated with relapse to prevent their conditions escalating.

Study participant Nigel Reed, 59, from Sidmouth, Devon, said the programme had given him a set of skills that had long-term benefits. "Rather than relying on the continuing use of anti-depressants mindfulness puts me in charge, allowing me to take control of my own future, to spot when I am at risk and to make the changes I need to stay well," he said.

However, some experts warned that the trial was not large enough to come to a definitive conclusion and had not included a placebo group. The research was published in *The Lancet*.

Notes of the meeting of the Psychology Workforce Group (PWG) on 19 May 2015

Representation on PWG

Although he's no longer the Head of Department Marc, Wilson will continue to represent the University Heads of Department.

There was some discussion about representation from all the training programmes, particularly around the intern issue and the clinical programme directors will be asked to discuss this at their meeting on 3 June.

The non-clinical training programmes at Massey Albany will also be asked for a nomination.

Internships

The survey results had been re-examined and it was clear that there was no new information from the raw data.

Internship models and pay rates varied widely across the country.

A think tank on internships was proposed for the NZPsS conference in Hamilton in August.

Māori and Pasifika workforce issues

NSCBI has begun to explore how to link regularly with the Māori psychologists' network to draw on their training and workforce experiences.

The Pasifika Executive has met recently. It was heartening to note that 15-20 psychology students have applied for scholarships this year. There has also recently been an increase in Pasifika specific research and Pasifika were working on getting that out into the training programmes.

There is difficulty around getting adequate and suitable clinical and cultural supervision and it seems that more senior pacific clinical psychologists are moving into different areas, e.g. management. Le Va are exploring options around this.

Noted:

- There could be the option of perhaps providing resources in a virtual way;
- reimbursement for the provision of these services needs to be addressed;
- they have tried group supervision.

NZCCP Wellington branch are hosting a workshop in June for Working with People from the Pacific.

'Future of Psychology' initiative

A group of psychologists has formed in the last 18 months or so to discuss developing the profession and 3 free workshops have been held thus far. The initiative had been working well in an organic and non-denominational way cutting across some of the historical professional divisions to some degree, probably mostly because the process has been quite unstructured.

The plan now is to try and transition it from being led by a small group of people to spreading it out to more people and to develop different working groups with achievable goals and operationalising it in some way, including media engagement for example. The next meeting is scheduled for 4 June in Auckland.

Developing a website is also now on the agenda and it was suggested that perhaps the Society and College could collaborate on this, perhaps by administrating it. A free website option and the possibility of a facebook page instead were discussed as was the potential chore of keeping these up to date.

NZCCP noted that while it would be optimal if the Future of Psychology initiative provided

some synergies for the various groups and organisations within the psychology professions, the College is obliged to align its work projects and work plans with its own recently completed strategic plan in the first instance.

Board's latest registration figures (ethnicity and 10-year growth)

It was noted that registration growth has been quite steady over the years. The Board have not, to date, taken on any new staff to cope with the increased workload.

It was great to see that 75% of psychologists are now recording their ethnicity on the APC renewal form, as opposed to 40% at the beginning, and hopefully the next survey will show a 90% response to this question. Again the figures here are not surprising with the most notable shortfall of APC holders to population in the Māori, Pacific and Asian peoples. Steve noted that the ethnicity data will be more complete in a few weeks' time.

Noted:

- The increase in registrants hadn't been compared with the overall national population growth.
- Another point of interest would be to know how many have trained here as opposed to overseas trained;
- It is not known what areas of psychology they are working in.
- It's too hard to ascertain why some are not renewing their Annual Practising Certificates, particularly with people who are going overseas for varying and unpredictable lengths of time.

The Ministry of Health may consider funding the collection of robust workforce data and the introduction of a survey that will be compulsory for all health practitioners to complete when renewing their APC each year.

Report from Health Workforce Research and Policy Seminar

The presentations illustrated that money and resources for research are not currently channelled into allied health. Having said that Graeme Benny (HWNZ) noted in his presentation that diversity and recognising the other professions is important as is working together so that each profession has a better understanding of how the others work. There is a training programme in Gisborne that includes and combines several

different professions but psychologists weren't part of this. It was noted that we should investigate this option.

Other points made at the seminar included:

- It was clear that the nursing council have great workforce data and that HWNZ needs better allied health workforce data;
- The aging population and that the impact of this can't be predicted using history because things are changing all the time, e.g. people are working longer and living healthier longer lives.
- Peter Brooks noted that NZ was in a better place than Australia in terms of a functional health system.
- Self-care was discussed, as was the inequality this would highlight. (This also raised the probability of a future without doctors).

The Board, College and Society will work on a presentation to give at the next seminar.

It was also noted that the HWNZ Voluntary Bonding Scheme didn't include psychologists nor had we been included in the HWNZ Voluntary Bonding Scheme stakeholder consultation.

Children's Workforce - Core Competencies discussion document

This has been developed mainly by teachers and appears to be setting up a set of core competencies that would apply to any of the many groups of professionals working with children. The process is likely to be an exercise in frustration for psychologists given that they already have skills and knowledge in developmental issues.

Comment included:

- Administering and upholding and updating this would be difficult particularly with such a large population some of whom are voluntary
- It appears to be an aspirational document;
- We are concerned that it would be rushed through;
- is it feasible to have a common framework: there is no consideration for the different objectives that each of the

- different groups of professionals working with children may have
- what is it that they are trying to fix in fact - is this about being able to employ people from a wide range of different professions and not have to use people from a particular and possibly more expensive profession.

It was agreed that it certainly warrants feedback including comment on the fact that with the qualifications that for example psychologists have they are already deemed competent and each individual organisation will formulate a response to this, emphasising that we don't agree with imposing competencies and instead advise that they should be focusing on children's rights.

Summary of the Psychology Profession Advisory Forum (PPAF) meeting, 19 May 2015

Representatives of the New Zealand Psychologists Board, the New Zealand College of Clinical Psychologists, the New Zealand Psychological Society, the DHB Professional Leaders, university HoDs, and training Programme Leaders attended this half-day meeting in Wellington.

The Board reported that:

- Kuni Shepherd had recently resigned from his role as the Board's Maori Cultural Advisor. The Board's engagement with Kuni was quite valuable, and they will now review the role before recruiting to fill the vacancy.
- Steve shared the Board's submission to the current Review of the Trans-Tasman Mutual Recognition Agreement (TTMRA).
- The secretariat has produced a draft brochure to educate the public about the Board's role and mandate. Thanks were offered to those who commented on an earlier draft. If the Board approves publication later this week, the pamphlet will be distributed via the website and community organisations.
- A full review of the Board's fees and levies will be conducted later this year. Changes to staffing, offices, and accreditation processes will be taken into account. Consideration will also be given to what, if any, financial relief can be provided for interns.
- They met with representatives of the New Zealand Special Interest Group in Neuropsychology (NZ-SIGN) in November. NZ-SIGN have subsequently decided that

they will make an application for the creation of a scope. Concern was noted from some re the need for Neuropsychologists to have a basis in clinical psychology.

Updates – The Board also reported that:

- They will consider proposed changes to the CCP at their meetings later this week and will then proceed to consultation. Proposed changes are likely to include some streamlining and increasing reliance on supervisors.
- They will discuss proposed changes to the Accreditation Standards and Procedures at their meetings later this week. It is likely that the S&P will be greatly simplified.
- The colocation of RA secretariats and the "shared services" initiative continue to progress well, if slowly. HR processes for the redeployment of some staff members has been initiated, and negotiations have begun on some new lease opportunities.
- Two Board members (Ann Connell and Bev Burns) were recently informed that they would be re-appointed for a further three-year term. A new member – Professor John Bushnell – will also be appointed for three years. The Ministry recently called for nominations for another psychologist member and a lay member, with a closing date of 29 May. Four other Board members' terms expire in November, and the Ministry will likely conduct another nomination process in about August.
- The self-assessment exercise the Board conducted in February will be followed up with a strategic planning workshop. Board members learned a lot from the exercise, and generated a number of possible pieces of work (e.g., determining and influencing how the Board are seen by the general public).
- Their meetings with the ASEAN Regional Union of Psychological Societies (**ARUPS**) Executive Committee (and others) went very well. There is clearly a lot of interest in working together to ensure the safe growth of the profession, and to align standards for registration over time. A joint meeting is being planned for Yokohama in July 2016.
- A draft Best Practice Guideline on "Informed Consent" is available on the Board's website for comment. Only one submission has been received so far, so the deadline has been extended to August 3rd. A reminder about the opportunity to comment will be included in the June newsletter. A guideline on "Coping with a client's suicide" may be the next to be developed.

Please note that the Psychologists Board welcomes your feedback on your interaction with the Board, or on any other aspect of the work they do. All feedback will be carefully considered and used to improve our procedures and our performance.

ACC/NZCCP/NZPsS liaison meeting, 28 July 2015

ACC is working towards establishing better relationships with suppliers/providers and also needs to increase the psychology workforce. A discussion ensued regarding possible strategies such as:

- Educating psychology students prior to graduation about career opportunities with ACC and presenting at conferences.
- Increasing ACC's profile and the nature of work available.
- ACC attending regional and peer supervision meetings when invited.
- Conferences and clinical training on subjects relevant to sensitive claims and physical injury around the country to attract psychologists.
- Collaborating with training institutions/Ministry of Justice/Ministry of Health/Ministry of Social Development to address the work force issues around the shortage of psychologists.

Recruitment of new Branch Advisory Psychologists (BAPs)

- Three new BAPs have been recruited and contact details for BAPs have been sent out.
- Discussed the role of BAPs in supporting and educating providers about working with ACC.
- Discussion regarding providing information to providers regarding what constitutes a high quality mental injury assessment report

Accessing medical and other records

- ACC has commenced capturing data to determine where the delays are in accessing medical reports.
- ACC will liaise with District Health Boards and GPs where there are delays in the provision of medical records, to identify about what is causing the delays, and what can be done to improve the timeliness.
- ACC will continue supporting clients when there are delays in accessing records.

- ACC can utilise the local Supplier Managers who are located in each of the ACC branches, so if there are particular providers where there are delays, there is an opportunity to talk with the provider to help reduce or remove the delay.

Accessing clients in prison

- Clients in prisons are waiting three months for supported assessments for a variety of reasons.
- ACC will raise this issue, among others, with the Department of Corrections in a meeting this week to identify the factors creating the delays.

Summary of the Mental Health Sector Liaison Meeting, 22 July 2015

The first Mental Health Sector Liaison Group meeting took place on 22 July 2015 in Wellington. Attendees included both ACC staff members as well as a variety of external psychological and psychiatric professionals representing the following professional bodies: New Zealand Association of Counsellors; New Zealand Christian Counsellors Association; New Zealand Association of Psychotherapists; New Zealand College of Clinical Psychologists; New Zealand Psychological Society; and the Royal Australian New Zealand College of Psychiatrists. During the meeting, the Terms of Reference were discussed and agreed upon and background was provided regarding the ACC Clinical Services Directorate (CSD).

The following updates were provided

- Selena Dominguez, Category Manager Specialised Treatment Services, introduced the Integrated Services for Sensitive Claims (ISSC) Contract. Selena discussed how measures were being put in place to improve the efficiency of the Sensitive Claims Unit and also streamlining of the provider approval process.
- Tinaka Birch discussed Psychological Services and Clinical Psychiatric Services Contracts and outlined some of the key changes which are likely to be introduced to these contracts. The Sensitive Claims component of the Clinical Psychiatric Services is being adapted to have greater consistency with the ISSC contract. There was

also discussion regarding cultural initiatives for the future and this will be discussed further at subsequent meetings

- The role of the Customer Service Technical Support Team was outlined by Bonnie McLean (Manager) and she focused on her team's services and commitment to improving customer experience for clients with mental injuries. Bonnie outlined a review case which has provided for cover around mental injury arising out of treatment where there is a non-covered physical injury and where the mental injury meets the criteria for a treatment injury. Bonnie also discussed the internal Mental Injury Working Group and some of the outputs from this group.
- Emma Powell introduced the Injury Prevention Initiatives with particular focus on Treatment Injury and its growing business base as well as the five key portfolios: Road; Falls; Violence (with focus on Sexual and Family Violence); Community; and Sport.

Feedback on ISSC forms was discussed with the Sector Representatives with the consensus that guidelines are to be developed for ease of filling out the forms. The next meeting will take place on 7 October 2015 in Wellington.

Summary of decision of the Health Practitioners Disciplinary Tribunal for publication: Mr Paora Joseph, Psy14/291P

At a hearing held on Tuesday 25 to Friday 28 November 2014 inclusive, the Health Practitioners Disciplinary Tribunal (the Tribunal) considered two charges of professional misconduct laid by a Professional Conduct Committee against Mr Paora Joseph, psychologist of New Plymouth (the Psychologist).

The first charge alleged that the Psychologist's conduct amounted to malpractice or negligence in relation to the psychologist scope of practice.

There were two categories of Particulars, the first relating to the provision of psychological services to the Psychologist's client in that he

failed to consult, advising his client on aspects of Attention-Deficit/Hyperactivity Disorder when he was not competent to provide psychological or other services or associated medication in that area, not providing his patient with a reasonable standard of care in certain respects and not carrying out his professional practice in a manner required of a psychologist.

The second category of Particulars related to the carrying out of his professional practice which did not comply with requirements for development of a Continuing Competency Plan for the years 2009 to 2012 or any of them.

The second charge alleged that the above conduct amounted to the bringing of or likely bringing of discredit to the profession of psychology, the Particulars of the second charge being the same as the first charge.

Finding

The Tribunal found that the Psychologist had not complied with his obligations concerning adequate note taking, certain aspects of professional supervision and proper recording thereof but that these were not of themselves, sufficient to warrant disciplinary sanction.

The Tribunal found that the Psychologist did fail to develop his Continuing Competence Programme for the years in question and that this failure amounted to negligence but did not bring discredit to the profession of psychology.

Those Particulars relating to a failure to consult, inappropriate communication and inappropriate treatment were found not to be established.

Penalty

The Tribunal ordered that the Psychologist be censured and imposed conditions on his practice for 12 months from the date he recommences practice.

Had the Psychologist not been in receipt of legal aid, the Tribunal would have ordered a payment of \$10,000 towards the costs of the PCC and the Tribunal. The Tribunal also directed that its decision and a summary be published.

A full decision of the Tribunal can be viewed at www.hpdt.org.nz; Reference No: Psy14/291P



National Education Training Timetable

The NZ College of Clinical Psychologists aims to encourage and facilitate continuing education opportunities for members, by providing nationally coordinated events to a high standard. Our goal is to coordinate training opportunities between branches with the goal of facilitating training in all regions. Please consult the College website for further information and links (<http://www.nzccp.co.nz/events/>)

TRAINING TIMETABLE

NZCCP Events

LOCATION	MONTH	PRESENTER/ CONTENT
National – 9 centres	Various	Professional Supervision Workshops
Christchurch	2 September	Safe Practice: The ethical-legal jungle

Other Events

LOCATION	MONTH	PRESENTER/ CONTENT
Auckland Wellington Christchurch	31 August 2 September 4 September	John Briere: The Pain Paradox: Engagement, Acceptance, and Processing in a New Paradigm for Trauma Therapy
Dunedin	3-4 September	Dr Pieter Rossouw: The Adolescent Brain Workshop
Whangarei Christchurch	4 September 6 September	Perinatal Mental Health NZ Seminar
Auckland	11-13 September	Michele Naude: Keeping the love you find
Auckland	24 September	Systemic Perspectives on Supervision for Supervisors and Supervisees
Auckland	15 October	Dr Bev Haarhoff: Using Self-Reflection to Improve the Therapeutic Relationship in CBT
Auckland	23 October	Dr Jonna Siitarinen: Cognitive Analytic Therapy and Borderline Personality Disorder
Auckland	29-30 October	ANZACBT Conference 2015
Wellington	5-6 November	NZ Dementia Summit
Auckland	12-13 November	Kelly Koerner: Enhancing your DBT individual therapy
Hamilton	16-19 November	Healing Our Spirit Worldwide - The Seventh Gathering
Wellington	23-24 November	Early Intervention In Psychosis Training Forum
Wellington	24-28 November	ANZ Acceptance and Commitment Therapy conference

Registrations
now open

STAYING UP TO DATE
WITH THE LATEST IN
**ACCEPTANCE &
COMMITMENT
THERAPY
RFT & CBS**

**ANZ ACBS
CONFERENCE**

Victoria University
of Wellington, Wellington,
New Zealand

**24-28th
NOVEMBER 2015**

2015



ANZ ACBS

ASSOCIATION FOR
CONTEXTUAL BEHAVIORAL SCIENCE
Australia & New Zealand Chapter

Mark out your diary and start planning now for this year's ANZ ACBS when it returns to New Zealand.

We are fortunate to have Steve Hayes, the founding father of ACT and RFT present at what will be an outstanding event. Expect all the things you have come to love about ANZ ACBS conferences – preconference workshops, exciting and thought provoking plenaries, panels, workshops, follies, opportunities to connect and more.



Guest Speakers:

FEATURING PRE-CONFERENCE
WORKSHOPS,
WORKSHOPS & PLENARIES WITH

STEVEN HAYES,
CO-FOUNDER OF ACT,
ROBYN WALSER,
JACQUELIN PISTORELLO,
RUSS HARRIS,
DARIN CAIRNS,
RACHEL COLLIS,
ERIC MORRIS,
LOUISE HAYES
AND MORE....



Start planning for 2015 today!
For more details please visit our website

www.anzacbsconference.com

Leah is a Sydney-based doctoral-level clinical psychologist with 20 years of clinical and teaching expertise in CBT and traumatology

2015 - 2016 Trauma Education

presented by
Dr Leah Giarratano



Two highly regarded CPD activities for all mental health professionals: 14 hours for each activity

These workshops are endorsed by the, AASW, ACA and ACMHN

Clinical skills for treating posttraumatic stress disorder (Treating PTSD)

This two-day (8:30am-4:30pm) program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. The techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. The emphasis is upon imparting immediately practical skills and up-to-date research in this area.

12-13 November, Melbourne CBD	19-20 May 2016, Melbourne CBD	9-10 June 2016, Perth CBD
19-20 November, Sydney CBD	26-27 May 2016, Sydney CBD	16-17 June 2016, Adelaide CBD
12-13 May 2016, Brisbane CBD	2-3 June 2016, Cairns CBD	23-24 June 2016, Auckland CBD

Clinical skills for treating complex trauma (Treating Complex Trauma)

This two-day (8:30am-4:30pm) program focuses upon phase-based treatment for adult survivors of child abuse and neglect. Participants must have first completed the 'Treating PTSD' program. The workshop completes Leah's four-day trauma-focused training. The content is applicable to both adult and adolescent populations. The program incorporates practical, current experiential techniques showing promising results with this population; techniques are drawn from EFTT, Metacognitive Therapy, Schema Therapy, attachment pathology treatment, ACT, CBT, and DBT.

22-23 October, Adelaide CBD	26-27 November, Sydney CBD	21-22 July 2016, Sydney CBD
29-30 October, Perth CBD	7-8 July 2016, Brisbane CBD	28-29 July 2016, Auckland CBD
5-6 November, Brisbane CBD	14-15 July 2016, Melbourne CBD	20-21 October 2016, Adelaide CBD

Program Fee for each activity is in Australian Dollars (AUD)

Travel to Australia \$550 AUD (when you email this form to pay for an Australian workshop with a Visa or Master card)
 \$550 AUD Auckland 2016 Super Early Bird (when you pay 6 months or more prior)
 \$615 AUD Auckland 2016 Early Bird (when you pay more than 3 months prior)
 \$680 AUD Auckland 2016 Normal Fee (when you pay less than 3 months prior)

Program fee includes program materials, lunches, morning and afternoon teas on both workshop days

Please direct your enquiries to Joshua George on: mail@talinminbooks.com

For more details about these offerings and books by Leah Giarratano refer to www.talinminbooks.com

2015-2016 Trauma Education Registration Form for NZCCP

Please circle the workshop/s you wish to attend above and return a copy of this completed page

Name:	
Address:	
Phone:	Email (*essential*):
Mobile:	Special dietary requirements:
Method of payment (circle one) Visa MasterCard	
Name of cardholder:	Expiry Date:
Card Number:	Card Verification Number:
Signature of card holder:	Debit amount in Australian Dollars: \$
<p>Credit card payment is preferred. Simply complete the information above, scan and email this page mail@talinminbooks.com</p> <p>A receipt will be emailed to you upon processing. Note: Attendee withdrawals and transfers attract a processing fee of \$55 AUD.</p> <p>No withdrawals are permitted in the seven days prior to the workshop; however positions are transferable to anyone you nominate</p>	