

Newsletter of the New Zealand College of Clinical Psychologists THE SPECIALIST ORGANISATION FOR CLINICAL PSYCHOLGISTS

ISSN 1174-4251 (Print) ISSN 1175-3110 (Online)

Whaia te matauranga, hei oranga mo koutou.

Seek after learning for the sake of your well-being.

The N.Z. College of Clinical Psychologists is now located at Level 6, 186 Willis St, Wellington; phone 04 801 6088, fax 04 801 6086, PO Box 24088, Wellington, 6142.

From the President

There are moves afoot in Australia to set up a sister professional association specifically for clinical psychologists. The issues with the APS sound very familiar to those which led to the formation of the NZCCP. Caroline and I met with representatives of their organizing board who came to Wellington to learn from our experience. See below for an article published in the Sydney Daily Telegraph on 1 February, 2010, highlighting the issues.

The College celebrated its 21st birthday in grand style at the conference in Christchurch. There were speeches from John Dugdale, the College's first president) and John Bushnell, the College's second president), followed by the cutting of the cake with all due ceremony.

This was preceded by the launch of the book, Te Awa, the first 21 years of the NZCCP. The book is free to all members, and those who didn't collect their copy at the conference will find one included with your newsletter.

The conference was a wonderful success, extremely well run and with record attendance by delegates from near and far. Included in the workshops were Student Symposium on the Friday preceding the Conference and the post-conference cultural theme workshop with Paraire Huata. These were the first of the College funded education

events, with free registration for members of NZCCP.

At the 21st AGM on the Saturday of the conference it was my very great pleasure to present the John Bushnell Award to John Williams:

E te Rangatira e Hone Kei te hari-koa te ngakau Kua whiwhi koe i tenei taonga No reira tena koe e Hone

The criteria for winning this award include evidence of a sustained and exceptional contribution to the clinical psychology profession, evident over years to decades.

We need to go back in time somewhat, over 50 years in fact. In 1959 John completed his M.A. (Hons) in Psychology. There were, of course, no clinical training programmes in N.Z. in those days. From 1959 to 1962 John was first a Tutor and then a Senior Tutor at the Department of Psychology at Melbourne University. From 1962 John was a Clinical Psychologist, and then in 1968 a Senior Clinical Psychologist, in the Department of Psychiatry at the Royal Children's Hospital in Melbourne. He was, at the same time, working as an Associate/Senior Lecturer at both the Departments of Psychiatry and Paediatrics at the University of Melbourne. John returned to N.Z. in 1977 to establish the Clinical Training Unit for Psychology in

NZCCP PO BOX 24088 WELLINGTON T: 04 801 6088 F: 04 801 6086 E: office@nzccp.co.nz W:www@nzccp.co.nz MARCH 2010

Wellington and in 1978 became the Principal Clinical Psychologist for the Wellington Area Health Board. He remained in that position until moving into private practice in 1993.

At the same time, since returning to NZ in 1977 he was a Visiting Lecturer at Victoria University and since 1982 a lecturer in the Department of Paediatrics at the Wellington School of Medicine.

Throughout what can only be described as a distinguished career John published in excess of 20 articles in various journals and books and was a supervisor in significant research projects in areas such as asthma, spina bifida, preventive dental programmes, child abuse, reading disability, and a long term follow-up study of low birth weight babies.

John's contribution to the profession is highlighted by his involvement in various professional bodies. Within the NZPsS he was Chairman of the Clinical Division (1985-87), foundation editor of the CD Forum and a member of numerous working parties, including on child abuse, Psychologists in Family Courts, the Children and Young Persons Legislation, Hypnosis in Legal Matters and the Mental Health Act Review. John is honorary member of the NZCCP, an associate fellow of the British Psychological Society, and a member of the World Federation of Mental Health, the Association of Child Psychology, Psychiatry and Allied Professions, the Public Health Association of NZ and a foundation member of the Family Courts Association.

And it goes on, too much to detail it all but other examples of John's contribution to the profession include

 John developed a 2 year training programme in clinical child psychology which lead on to the development of the Victoria University M.A. Applied, which required all candidates to do six

- months practical work in clinical child psychology.
- He was Convenor of the Department of Health Working Party to produce the document "Guidelines on Child, Adolescent and Family Mental Health"
- 3. John was the consultant to Judge Tropski, the Principal Family Court Judge, setting up the Family Court system in N.Z.
- He was the foundation member of the Psychologists Board, serving on the Board in various roles for six years.
- 5. John was also the College representative on the Ethics Committee formed to develop the new ethical guidelines for the College, the Psychological Society and the Psychologists Board.

In addition to John's interest in the wellbeing of children and the significant contributions he has made in this area, he has also been involved in things Māori and, with a good knowledge of te reo and tikanga, has worked closely with local marae and was a foundation clinician at the Māori Mental Health Service at Capital and Coast DHB.

John has had a powerful influence on and responsibility for psychology and other allied health professions such as paediatrics and psychiatry.

As well as all this, and not least, is the dedication John demonstrated and the principles by which he has practiced and represented clinical psychology, his breadth of clinical knowledge and willingness to share this, his respect for others, his humility and sensitivity, his wisdom and plain common sense.

Tenei a mātou aroha ki a koe No reira Tena koutou, tena koutou Kia ora tatou katoa.

Conference 2010

The College would like to thank all those who attended the NZCCP 2010 Conference and workshops, and also especially thank Fran Vertue and the conference committee, whose effort and energy made this a smooth and successful event.

There has already been feedback from the majority of attendees. These people have now received their attendance certificates. Just to remind the rest of you we have done something slightly different this year with attendance certificates and feedback. As we are keen to hear your feedback so that we can pass it on to the next conference, we have created an online feedback form (at www.nzccp.co.nz) that you can now

complete. Once this has been submitted you will then be sent your attendance certificate(s).

The results of the feedback will be posted on the College website by the end of March (www.nzccp.co.nz)

21st birthday memorabilia

The lovely commemorative mug, produced to mark the occasion of the College's 21st annual conference, is still available for sale from the College office for only \$10 plus postage.



Membership News

At the National Executive meetings since the December ShrinkRAP the following people have been approved and accepted as

Full Members of the College: Annabel Ramsay, Wellington Christine Scott, Otago Jutta Humpfer, Auckland Karin Byrne, Dunedin

The following people have been approved as **Associate Members** of the College:
Brian Harvey, Hamilton
Caitlin Schraufnagel, Nelson-Marlborough
Paul Therly, Hamilton
Regan Wisnewski, Auckland
Sasha McComb, Dunedin
Thelma Patterson, Dunedin

Congratulations to new Clinical Programme Graduands

NZCCP would also like to congratulate the following Wellington based Clinical Programme student members, who have passed their clinical exams:

Massey University Nick Mooney Clare Couch Philippa Croy

Victoria University
Debbie Taylor
Kirsten Keown
Esther Anderson
Anne Harvey
Jennifer Jones
Elizabeth Ross

These people are now eligible for registration as a Clinical Psychologist and for Associate Membership with the College.

From the Psychologists Board

As publication of the Psychologists Board's next newsletter is still several months away, we are providing this brief update to alert College members to some recent decisions made by the Board and to draw attention to our current consultation processes.

2010 Elections: Fred Seymour (Deputy Chair) and Lois Surgenor (Chairperson) have been re-elected for a further term. This is Dr Surgenor's fifth term as Chairperson, and Professor Seymour's second as Deputy Chairperson.

Consultation processes: The Board have papers recently published consultation regarding 1) а proposed "Register Maintenance Fee" and 2) proposed revisions to the Intern Psychologist and Trainee Psychologist scopes of practice. Please see Board's website (www.psychologistsboard.org.nz) for further information and to view the documents. The deadline for submissions is March 31st.

Intern Psychologists restricted to practise within the training programme: Since we began registering students in 2004, the Board have seen a steady increase in requests from Intern Psychologists who want

to continue practising in paid employment after they have completed their practical training, but before they have completed their full qualification (i.e., Masters, DClinPsych, and/or PGDip). The scope of practice for Intern Psychologists makes it clear, however, that Interns can only practise within the confines of the training programme. Please see our website for further information.

Programme accreditation: AUT's PGDipCounsPsych has been granted provisional accreditation by the Board, and will undergo a full accreditation assessment sometime before September 2011.

New "Counselling Psychologist" scope of practice: The Board has approved an application for the creation of a "Counselling Psychologist" (vocational) scope of practice. The new scope should be operational by April 1, 2010. Please see our website for further information regarding application for registration in this scope.

We hope you will take the time to read further about these matters, and to offer the Board your feedback.

Psychology Internships

In January NZCCP met with Te Pou along with members of the College, the Psychological Society, the Registration Board and a representative from the clinical training programmes and the DHBs.

At the meeting the inequities in funding for internships in different professions was noted (in that doctors' and nurses' salaries are funded by the Ministry of Health, whereas psychologists' are not). This is creating uncertainty in funding by employers, and hence the number of placements each year. This in turn flows back to the universities not being confident of finding placements for all of their students, and increasing competition for what places are on offer. Major employers (e.g. DHB Advisors) and HoDs need to take the lead in progressing this issue. As this remains fundamentally a workforce issue, the profession also needs to lobby the newly formed National Training Board, which it is understood have control of the funding now, and to continue to work with Te Pou and the Ministry.

There were a number of suggestions made including bonding, similar to that for the nurse interns, and funding for parts of the intern's costs, for example supervision, although these were less than satisfactory. It was also noted that not all internships are in health.

At a subsequent meeting of the Psychology Profession Advisory Forum (which includes the members of the Board, the College, the Society and the Universities) this was discussed further and Ann Connell, who is also on DHBNZ, and Fred Seymour, who is the head of the psychology department at Auckland University and the vice chair of the Psychologists Board, agreed to meet this month to define the problem and to outline an ideal situation for presenting to the NTB, the MoH and Te Pou.

College Awards

Applications have now closed for the NZCCP awards for 2010. Thank you to all those who have submitted applications. These are now with the College Awards and Grants subcommittee. Award winners will be notified by the end of March and result published in the May ShrinkRAP.

National Education Events

As you may (or may not) be aware, NZ College of Clinical Psychologists is footing the bill for a 2 day Motivational Interviewing workshop given by Canterbury College member, Eileen Britt, and which will be free for members, in almost every city and town in the country. Please see the NECC timetable (below) for the workshop schedule.

Please note that ideal numbers for this workshop are 12-24 (maximum of 36), and that the preference is that attendees are College members in the first instance. However, if there is space others may attend (for a fee which is yet to be determined) provided they have counselling skills.

Motivational Interviewing (MI): two-day workshop

MI is a collaborative client-centred form of guiding to elicit and strengthen motivation for change, which provides a means of working with clients who are ambivalent

MARCH 2010

about change. It has proven efficacy as an intervention for substance use problems (e.g., alcohol abuse and dependence). Additionally, there is increasing evidence of its effectiveness across a broad range of behaviours, including health behaviour change (e.g. medication compliance, diet and exercise, diabetes), offending, and psychological disorders (e.g., eating and anxiety disorders).

This workshop will present an overview of MI research, theory and practice. The workshop is designed to be interactive. Participants will experience and practice MI, and receive feedback on this practice during the workshop, and for this reason numbers attending will be limited. The overall aims of the workshop are that participants will:

- Develop an understanding of what MI is
- Develop an understanding of the evidence-base for MI and how it works
- Develop an understanding of the fundamental spirit and principles of MI

 Learn the basic clinical style of MI, and how to continue learning it in practice.

About the presenter:

Dr Eileen Britt is a Clinical Psychologist and Fellow of the NZCCP. She is a lecturer at the University of Canterbury (Christchurch) in the Health Sciences Centre, teaching two post-graduate papers on Motivational Interviewing, and on the Post-Graduate Diploma in Clinical Psychology programme, where she is also currently Director of Clinical Training. Eileen is also employed as a Research Fellow, providing supervision on psychotherapy research trials, at the of Psychological Department Medicine (Christchurch). Her PhD was on MI applied diabetes self-management, and she currently has three papers on MI published in peer reviewed journals. Eileen has attended training for Motivational Interviewing Trainers (partially funded by the NZCCP Study/Research Award), and is a member of the Motivational Interviewing Network of

Article from The Daily Telegraph, Sydney, 1 February, 2010. Crazy way to treat our most Vulnerable Piers Akerman

It sounds crazy but the deteriorating state of the mental health of Australians is not only being ignored by the Federal Government, but the professional supervising body meant to supervise psychologists stands accused of having some of the lowest standards of training in the Western world.

It seems graduates with four years university and two years of supervised, but no clinical training indeed with little or no clinical skills at all, can hang up their shingle and start seeing patients.

No wonder the kids who need help aren't getting the right aid, the kids who are meant to help them aren't properly qualified to help - by world standards.

In Europe, five years of clinically-oriented study and one year of supervised practice are needed to qualify. In the US and England a doctoral degree is a prerequisite and in New Zealand, a masters degree is required.

In Australia, graduates with a generalist degree and no training are receiving

Medicare rebates to treat the public with focussed therapy, and the psychologists' professional body, the Australian Psychological Society (APS) pushed for this.

Undergraduate degrees provide no training in the assessment, diagnosis or treatment of mental health problems, yet once registered, a psychologist can establish a private practise and without supervision treat those with mental health problems and obtain rebates under Medicare.

One of the critics of the lack of clinical training and the APS, University of Sydney School of Psychology's clinic director, Dr Judy Hyde, says no other English-speaking nation would allow people with just a four-year undergraduate degree to register as a psychologist or be permitted to administer such treatment. Worse, the APS has been supportive of this second-rate system of admitting members to clinical status without clinical degrees. It also fought to find a role under Medicare for registered psychologists with just a four-year undergraduate degree.

Without consulting its membership, the APS struck a deal with the federal government to allow access to Medicare rebates for psychological services at two levels, a lower rebate for generalist psychologists (permitted to provide manualised and focussed treatment only) and a higher rebate for clinical psychologists providing evidence-based psychological interventions.

Previously memberships to the APS Clinical College required a four-year undergraduate degree followed by a two-year accredited Masters program in clinical psychology, plus two years of supervised practice, the APS has now established an assessment team to determine entry to the Clinical College which assesses non-clinical psychologists and determines bridging courses without the requirement for accredited training at a university.

It should have been no surprise then that Dr Hyde, and another senior academic, Associate Professor Caroline Hunt, clinical training director at the University of Sydney's School of Psychology yesterday sent letters of resignation to the APS, mentioning among other things that the "public was unaware that psychologists might have no training in the assessment, diagnosis or treatment of mental health problems".

Numerous examples of those who have not qualified as clinical psychologists being granted full membership of the Clinical College were cited.

By late yesterday more than 50 other clinical psychologists had followed their lead or expressed an inclination to join the exodus.

The question of inadequate education has even thrown up a diplomatic problem with New Zealand raising questions about people who are not accepted for registration in that country travelling to Australia to obtain a registration to obtain registration with lesser qualifications. They then return to New Zealand and demand recognition on the basis of the two nations' agreement to mutually accept qualifications issued in either country.

APS executive director Professor Lynne Littlefield did not return calls. She also sits on the APS committees for ethics, governance, finance and investment, risk management, audit and compliance, as well as its advisory groups on membership retention and recruitment, public interest, professional development, science, academia and research, and professional practice. That is, when she is not sitting on the APS taskforce for points allocation and endorsement, or reference groups on disaster preparedness and response, national psychology education and training, international congress of applied psychology organising committee.

Let's not forget the other boards she sits on, which include the Australian Health Professions Association, Mental Health Professionals Network, and the Australian Psychology Accreditation Council (APAC).

An amateur shrink might describe Professor Littlefield as a humongous over-achiever, but we will leave that to someone more qualified to decide. Preferably someone who has undergone clinical training. What should concern everyone with an interest in mental health is Dr Hyde and Assoc Professor Hunt asserted in their resignation letter, the APS developed a pathway to psychologists to be accredited with clinical psychology qualifications that would not be considered equivalent by any reputable university. This has left 10 per cent of Clinical College membership without post-graduate clinical training in APAC approved programs.

In their view, psychologists who are not qualified to offer clinical assistance to those in need are out there practising and receiving federal government rebates for their services.

That senior professionals now claim that the standards in their discipline are being let slip should be ringing alarm bells from here to Canberra.

Federal Health Minister Nicola Roxon has already shown herself to be not the sharpest member of Cabinet with her ill-advised decision to slash the rebate for cataract surgery for the elderly.

She may not entirely understand the problem with mental health but there must be a bureaucrat somewhere who can save her from herself and give her the guidance she needs to see Australian clinical psychology restored to a world class level.

Dumbing down mental health is not smart.

Pods: Some comments on the use of electronic media in small group communication and continuing education.

James Hegarty^a, Bronwyn Hegarty^b

^aPrivate Practice, Dunedin

Educational Development Centre, Otago Polytechnic

There are a number of opportunities for communication and the sharing of experience, ideas and information for professional development via electronic, or web based resources. Some of these include:

- Real time synchronous meetings using Skype (one to one or group meetings);
- Asynchronous discussions Discussion list using a group email forum, e.g. Google groups;
- Resources audio recordings of talks (Mp3); articles; presentations, Sharing interesting web links; MP3s;
- Setting up blogs and using them to comment and reflect on a range of topics.

And so on.

Most of us with relatively limited experience of web based learning see these as quite limited, but those who work in the area of online education have found ways to use these resources very creatively as an aid to reflection and the deepening of practice.

Research in this area has identified five levels of interaction in online groups. These levels equate to five barriers to successful or satisfying groups.

- Access and motivation This often involves the basics of initially setting things up. Such as setting up a Google group, getting a g-mail account, downloading Skype, or starting a Blog. While not really that difficult it can seem like a major barrier when one is busy. This is the single biggest block to the effective use of web based media to facilitate communication.
- Socialization becoming familiar with the environment and the participants. Unfortunately, groups without some structure flounder. Everyone sits back and waits for something to happen. Some sort of plan, and a facilitator is needed.

There does not need to be a lot of structure, just enough to encourage communication. Some suggestions are included below.

- 3. Information exchange or sharing of information this is one of the main purposes of any online group. It is important that there are some ways to ensure this happens.
- 4. Knowledge building facilitation of this process is needed to engage in learning about a topic. Discussion with peers is a powerful way to help this develop.
- 5. Development this is the level where participants become autonomous, and are able to use critical thinking and their own facilitation skills to respond to or challenge or support others in the interaction.

Left to their own devices many online groups peter out and fail. There are exceptions, however these are generally large groups, they continually have "newbies" which can limit the usefulness of the group for old hands, and have a range forces driving them – such as research, or necessary information sharing.

In discussing ways of facilitating ongoing education and support with a colleague, Marijke Batenburg, she came up with the concept of Pods. Pods, as in pods of whales, or dolphins. Small groups that stay together. We both agreed that many people are reluctant to offer opinions in a large group. We also felt that a small group who communicated with each other over time would offer the opportunity for a more intimate and trusting environment to develop. In such an environment people are trusting environment more likely to offer opinions, speculate, and wonder; thus fostering more creativity, investigation and discussion. We are suggesting that those interested in specific topics would find forming Pods useful to help direct, and foster their professional development. Pods have the advantage of allowing us to learn from and support each

other. They are also interactive, and thus reduce the reliance on purely passive types of learning.

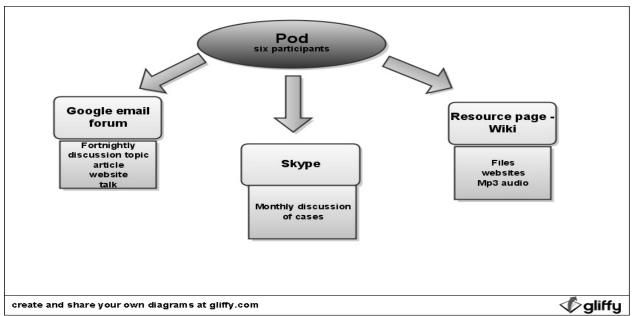
Some Suggestions on how to Make Pods work:

While each Pod would need to determine its own purpose, direction, and life span here are some suggestions for making the most of an online group (please refer to the diagram below).

Some structure is definitely needed.

- Group size Keep the initial group <u>small.</u> A Pod size of six seems small enough to allow meaningful interaction.
- Real time seminars Skype (or similar) - Arrange a monthly meeting via Skype (a synchronous meeting) to discuss - whatever: your practice, theories, a case, supervision issues. Best if this is a pre-set topic to direct discussion.
- 3. Discussion list <u>Fortnightly.</u> Set up an e-mail list, or a Google group. Each participant takes responsibility for circulating an item for discussion

- at the start of that two week period. This could be a talk on MP3, a paper, a digitally copied book chapter, an article in a Blog or on the web. Each participant facilitates the discussion about the item they put forward.
- 4. Facilitation of the discussion. This can be simply starting the discussion off by giving a view, asking a question, or more. A very good strategy is to pose three questions along with the material presented for discussion. And, then the facilitator needs to make sure they respond to others' comments, prompts discussion as needed, and summarize the discussion at the end
- 5. Web space for resources Have a web space where you can post a list of useful resources, and up load documents and MP3s or link to them. This is easier than you think. You can use facilities like Google groups, Wikieducator, Wordpress, or Wetpaint (has advertising). Wikieducator is open to the public, some other spaces, like Google groups can be closed to retain privacy.



In case someone misses a discussion it is possible to record it on your MP3 player, or phone, and upload the audio to the shared space.

These are just some of the ways, or methods that are available to Pods to increase collegial contact. It is possible to be very creative with these resources. We hope they are useful.

NZCCP National Educational Coordinating Committee (NECC)

The National Educational Coordinating Committee aims to encourage and facilitate continuing education opportunities for members, by providing nationally coordinated events to a high standard. Our goal is to coordinate training opportunities between branches with the goal of facilitating training in all regions. A clear distinction is kept between the function of this committee and the broader role of Branch Representatives, who continue to liaise with Council on matters of Policy and general Branch business. Please consult the College website for further information and links (http://www.nzccp.co.nz/events/seminars/)

TRAINING TIMETABLE

NZCCP Events	MONTH	PRESENTER/ CONTENT
Wellington	May 17-18	Eileen Britt/Motivational Interviewing Workshop
Nelson	July 5-6	Eileen Britt/Motivational Interviewing Workshop
	, , , , , , , , , , , , , , , , , , ,	
New Plymouth	July 12-13	Eileen Britt/Motivational Interviewing Workshop
Palmerston North	September 13-14	Eileen Britt/Motivational Interviewing Workshop
Auckland	September 27-28	Eileen Britt/Motivational Interviewing Workshop
Tauranga	October 18-19	Eileen Britt/Motivational Interviewing Workshop
Hawkes Bav	November 22-23	Eileen Britt/Motivational Interviewing Workshop
Dunedin	November 29-30	Eileen Britt/Motivational Interviewing Workshop
Christchurch	December 6-7	Eileen Britt/Motivational Interviewing Workshop
NZCCP Branch E	vents	
BRANCH	MONTH	PRESENTER / CONTENT
Dunedin	April 20	David Scott/Criminal Profiling in N.Z.
Canterbury	April 23	Forensic risk assessment
Wellington	April 29	Simon Adamson/Addictions
Wellington	June 18	James Hegarty/ACT
Canterbury	July 9	Psychodrama methods for CBT
Canterbury	September 3	Comparison of cognitive therapies for depression
Canterbury	November 19-21	Bruno Canyoun/Mindfulness Integrated CBT
Other Organizat	ion Events	
	MONTH	PRESENTER / CONTENT
Auckland	March 26 - 30	Conference: Spine in Action: Low Back Pain
Wellington	April 14 – 16	Conference: Community Mental Health & Addictions Services
Wellington	September 27-28	Fiona Howard & Sue Cowie/Clinical Supervision Training

Classified

Interested in:

- Extending your knowledge of intimate connection into the realm of sexuality?
- Ensuring you have the most productive way of conceptualising sexual problems?
- Enhancing your comfort and skills in dealing with issues of sexuality?

<u>NOW</u> is the time to register for one of Sex Therapy NZ's much valued **Foundation Courses**.

Palmerston North 11th, 12th March 2010 Auckland 23rd, 24th March 2010 Wellington 27th 28th April 2010 Nelson 6th 7th May 2010 Hamilton 18th, 19th May 2010

Online: next intake begins Jan 27th 2010

If this field captures your interest, you may want to develop a speciality field of expertise by following up with the evidence based **Advanced Training in Sex Therapy**. Completion of this training allows you to apply to receive referrals from STNZ. The next intake for this course begins June 2010.

For more details and to register visit our website www.sextherapy.co.nz or contact Vicki - Email: admin@sextherapy.co.nz Ph 0800 739 843



presents

Motivational Interviewing (MI) a two day workshop with Dr Eileen Britt

FREE TO NZCCP MEMBERS

MI is a collaborative client-centred form of guiding to elicit and strengthen motivation for change, which provides a means of working with clients who are ambivalent about change. It has proven efficacy as an intervention for substance use problems (e.g., alcohol abuse and dependence). Additionally, there is increasing evidence of its effectiveness across a broad range of behaviours, including health behaviour change (e.g. medication compliance, diet and exercise, diabetes), offending, and psychological disorders (e.g., eating and anxiety disorders).

This workshop will present an overview of MI research, theory and practice. The workshop is designed to be interactive. Participants will experience and practice MI, and receive feedback on this practice during the workshop, and for this reason numbers attending will be limited. The overall aims of the workshop are that participants will:

- Develop an understanding of what MI is
- Develop an understanding of the evidence-base for MI and how it works
- Develop an understanding of the fundamental spirit and principles of MI
- Learn the basic clinical style of MI, and how to continue learning it in practice.

Dr Eileen Britt is a Clinical Psychologist and Fellow of the NZCCP. She is a lecturer at the University of Canterbury (Christchurch) in the Health Sciences Centre, teaching two post-graduate papers on Motivational Interviewing, and on the Post-Graduate Diploma in Clinical Psychology programme, where she is also currently Director of Clinical Training. Eileen is also employed as a Research Fellow, providing supervision on psychotherapy research trials, at the Department of Psychological Medicine (Christchurch). Her PhD was on MI applied to diabetes self-management, and she currently has three papers on MI published in peer reviewed journals. Eileen has attended training for Motivational Interviewing Trainers (partially funded by the NZCCP Study/Research Award), and is a member of the Motivational Interviewing Network of Trainers.

Wellington 17 & 18 May Nelson 5 & 6 July New Plymouth 12 & 13 July Palmerston North 13 & 14 Sept

Palmerston North
Auckland
27 & 28 September
Tauranga
18 & 19 October
Invercargill
Hawkes Bay
Dunedin
Christchurch
13 & 14 September
27 & 28 September
8 & 9 November
22 & 23 November
29 & 30 November
6 & 7 December

Motivational Interviewing (MI) REGISTRATION FORM

Please note that ideal numbers for this workshop are 12-24 (maximum of 36), and that the preference will be given to College members.

However, if there is space non College members may attend, provided you have counselling skills, registration fee - \$250.

NZCCP MEMB	ER REGISTRATION
Name:	
Email Address:	
Phone Number:	
Workshop Location:	
NON MEMBER	R REGISTRATION
Name:	
Email Address:	
Phone Number:	
Postal Address:	
Service:	
Workshop Location:	
Please email o	r post your completed registration form to office@nzccp.co.nz or PC

Box 24088, Wellington, 6142, with payment if appropriate by cheque or direct

credit to NZCCP, 02-0865-0271109-000 (please identify your payment clearly).

You can also register online at the College website www.nzccp.co.nz.