

**ALL
ONLINE!**

Emotionally Focused Therapy (EFT) Training New Zealand 2024

(as developed by Dr. Sue Johnson)

with NZ Trainers Heike McCahon and Yve Gould



Heike McCahon

MNZAC, M.A., Dip. Counselling, EFT
Therapist, Supervisor and Trainer
(ICEEFT). Dip. Teaching

Externship

12-13 & 15-16 Feb
10am–6pm NZ time

[https://forms.gle/
VN8KuUpDL9F5sz2D9](https://forms.gle/VN8KuUpDL9F5sz2D9)

Core Skills 1

20-21 & 23-24 May
10am–5.30pm NZ time

[https://forms.gle/
y44UMYgroTK5rxvw9](https://forms.gle/y44UMYgroTK5rxvw9)

Externship

19-20 & 22-23 August
10am–6pm NZ time

[https://forms.gle/
GhsyKEvQXFvRp73A](https://forms.gle/GhsyKEvQXFvRp73A)

Core Skills 2

21-22 & 24-25 October
10am–5.30pm NZ time

[https://forms.
gle/5NT73MQYEMarigSs9](https://forms.gle/5NT73MQYEMarigSs9)



Yve Gould

Reg. Psychotherapist, MNZAP, M. Couns,
EFT Therapist, Supervisor and Trainer
(ICEEFT). Dip. Teaching

Externship

11-12 & 14-15 March
10am–6pm NZ time

[https://forms.gle/
BgM2SjdJirx5BuGJ6](https://forms.gle/BgM2SjdJirx5BuGJ6)

Externship

6-7 & 9-10 May
10am–6pm NZ time

[https://forms.gle/
xjadcYBt6wduQmK4A](https://forms.gle/xjadcYBt6wduQmK4A)

Core Skills 1

22-23 & 25-26 July
10am–5.30pm NZ time

[https://forms.gle/
bGtYg6LXZXyUjLc9A](https://forms.gle/bGtYg6LXZXyUjLc9A)

Core Skills 2

9-10 & 12-13 September
10am–5.30pm NZ time

[https://forms.gle/
c8pPdqwWndmHHRyK8](https://forms.gle/c8pPdqwWndmHHRyK8)

EFT is:

- A short-term focused treatment for individuals, couples and families, which blends family systems and experiential approaches to therapy with attachment theory.
- Developed by Dr. Sue Johnson, and showing strong empirical evidence for positive client outcomes. It is globally the most successful approach to couple therapy.
- Reflecting the most recent research on the nature of relationship distress, which results from a perceived threat to basic adult needs for safety, security, and closeness in intimate relationships.
- Based on a solid treatment map, which helps the therapist guide the couple away from conflict impasse into new bonding interactions.
- Holding the solution to helping couples thrive again!

EXTERNSHIP FEE:

NZ\$1,299

*early bird NZ\$1,199

*student NZ\$995

*repeat NZ\$700

CORE SKILLS 1&2 FEES:

NZ\$1080 per module

*student NZ\$850 per module

*repeat NZ\$700 per module

Scholarship places for Maori/Pasifika therapists or therapists who work in these communities

Cancellations are subject to a \$75 administration fee and must be made in writing at least 8 days prior to the workshop date to qualify for a refund of the balance paid. If you cancel with less than 8 days' notice, you will be refunded 50%. In the unlikely event of us having to cancel due to a lack of participants or other unforeseen circumstances, we will refund your paid workshop fees but are unable to reimburse you for further costs.

Email our training administrator Stella at stellacarr20@gmail.com to enquire if interested in a student/low-income rate or scholarship position.