



ShrinkRAP

**Newsletter of the New Zealand College of Clinical Psychologists
THE SPECIALIST ORGANISATION FOR CLINICAL PSYCHOLOGISTS**

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"Ngahuru kura kai, kura tangata"

Autumn is harvest time, wealth of food, the wealth of people

President's Report to the 26th NZCCP AGM, 2015, Auckland

Deb Moore and Elliot Bell

It has been another busy year for the College. The College has continued to grow, we would particularly like to welcome all our new members, and we hope that this year's conference has been a great experience for you.

The Executive continues to meet in a virtual manner monthly – we discuss ongoing matters of interest, approve the Board of Membership and Professional Standards (BOMPS) vetted new members, and ensure that the regular College business and finances are in good shape.

2014 has seen us sign off a Memorandum of Understanding (MOU) with the Hong Kong Association of Doctors in Clinical Psychology, and we look forward to an ongoing relationship with them. We are also in the process of initiating an MOU with the Clinical Division of American Psychological Association.

We formally welcomed Sir John Kirwan in October as the first Patron of the College, and we appreciated him taking time out from an extremely busy life to make a video of welcome to the recent Suicide Prevention workshop, hosted by the College in Auckland. His personal experience and his positive support for the work that we do makes this a great partnership.

We were invited to attend a working party of the international Committee on Psychological Competencies (ICPC) recently in Auckland. It was a great honour to meet with this group which consists of members from the US, UK, Europe, South America, Asia and New Zealand. It was fascinating to hear about the similarities as well as the differences that our profession experiences in the practice of psychology throughout the world. ICPC is well on the way in developing a document on competence that can be used internationally as a guideline for the profession.

We attend quarterly meetings of the Psychology Workforce Group (PWG) and Psychology Profession Advisory Forum (PPAF) – PWG looks at workforce issues, and PPAF is a combined meeting of the College with the Psychologists Board, the Psychological Society, and representatives of various related groups – the Clinical training programmes, the university heads of psychology departments, the Ministry of Education, Corrections, the DHB Psychology advisors group, Le Va and the Psych Society's National Standing Committee on Bicultural Issues (NSCBI). We discuss various issues that affect us all, as well as keeping updated with our own areas. It is beneficial to the profession to maintain these relationships in the best interests of our members.

One of our aims for the past year has been to start to develop a strategic plan for the College. Some of you may recall the little blue booklet that was our membership

handbook and rules, a document that was first developed over 25 years ago, and which could not have envisaged the advent of the digital age.

We wanted to look at ways to support the profile and visibility of the College, as the largest organization representing Clinical Psychologists, and to look at future proofing our organisation. Towards this aim we enlisted the expertise of mediator Shenagh Gleisner who has wide experience across the health sector. We had a productive day looking at where we see the College growing and developing in the future. Part of the process involved us canvassing our members and significant stakeholders. It was very rewarding to receive such positive feedback from our members about the current state of the College, and the support that we provide as an organisation. In addition it was very helpful to receive constructive feedback and guidance as to where our members thought the College should look towards the future. We also canvassed a wide range of stakeholders including the Board, other professional organisations, training programmes, health and other governmental departments, and various agencies who employ our members. It was again extremely useful to have this feedback about how these groups perceived and understood the College. As part of this process we have been committed to keeping the membership involved, and we welcome feedback and input from those interested in the ongoing development of this strategic plan.

We had further discussions with Health Workforce NZ (HWNZ) and the Ministry of Health (MoH) about the College working party's Prescribing Rights initiative. We have been eager to ascertain the Ministry's commitment to this proposed project. The Director of Mental Health has indicated an additional interest in clinical psychologists extending their roles and supporting increased access to psychological therapies, particularly in primary health. We have written to the Ministry asking that they indicate their priority for the College with regard to these two issues at this stage. We would particularly like to thank Malcolm Stewart, John Bushnell and others for the work they have done on the prescribing rights initiative and liaison with the Ministry.

We have continued to make submissions on different topics, and as usual we welcome and encourage members with an interest and

expertise in specific issues to support us in this process. We recognize that the College consists of close to 900 members and there are various opinions and viewpoints on different topics. At the same time we feel it is essential to our commitment to building the profile of the profession that we do make comment on relevant issues, using our knowledge, solid research and expertise as scientist practitioners. We would like to thank Paul Skirrow, Mike Batcheler, Linda Hows, Melanie Woodfield, and Gerry Dowse for their contributions to various topics including the College of Psychiatrist's working papers on the treatment of schizophrenia and self-harm, and the benefits of psychological therapies.

We also took time to congratulate Professor Philippa Howden-Chapman of the University of Otago Wellington, on her receiving the Prime Minister's Science Prize. Philippa, who originally trained in clinical psychology, is the first social scientist and first woman to win this award.

One of our main supports for members is the opportunity to attend educational events at minimal or no cost, and this year has been no exception with a range of stimulating and exciting events held throughout the country at both branch and national level. We very much appreciate the time and effort that our members put into arranging and presenting these much valued events. The Annual Conference is a significant component of the training opportunities provided by the College, and we are very grateful to Dr Claire Cartwright and the conference organising committee in Auckland for all the work they have done for us this year.

We particularly value the support and hard work of the rest of the Executive. Since our last AGM, we have farewelled Clive Banks and welcomed Luke Rowe as Te Māngai Māori. Treasurer Fiona Kennedy indicated her wish to step down after 2 terms, and in order to ensure a smooth transition and the handing over of knowledge about this vital role, we were able to second Fran Vertue as Acting Treasurer.

We are aware of the hard work from members behind the scenes to ensure the College continues to provide services to our members – this includes the BOMPS group in Nelson, who meet monthly and conscientiously vet all applicants for membership to the College, the Publications

group who do such a fantastic job under often stressful time constraints and family demands to produce ShrinkRAP and the Journal NZCCP.....and the Ethics committee in Auckland who give wise and considered opinions on a range of queries from our members, not to mention the various College branches with all their local activities.

We would also like to especially thank the contributions of our student representatives, who are the future of the College, and we are all very aware of the competing demands of their studies and internships with our need for their input.

And, as always, we are full of gratitude and appreciation for all that Caroline does in her role as Executive Director, above and beyond.....

NZCCP Awards

We are delighted to announce that that following presentations were made at the 2015 NZCCP 26th AGM at the Quality Hotel Parnell, Auckland, on 21 March.

Fellow Memberships were awarded to:

Louise Woolf, Auckland,

Kumari Fernando, Otago

to honour their significant and pre-eminent contribution to the New Zealand College of Clinical Psychologists and the Psychology profession in general.

Congratulations to both the recipients.

Grants and Scholarships

As usual, the calibre and range of applications has been extremely high. We congratulate the 2015 award winners, while at the same time commiserating with those who missed out, and we would like to say that, as always, it was a close call.

NZCCP is delighted to announce the following award recipients:

The Research/Study Award goes to Angela McNaught who will be attending the *Workshop on Teaching and Supervising Cognitive Behaviour Therapy* at the Beck Institute, Philadelphia, USA, in October.

The four NZCCP Travel Grants have been awarded to Joshua Faulkner, Charlotte Gutenbrunner, Emma Lonsdale and Melanie Woodfield.

The NZCCP President's Award was given to Marion Roberts, a clinical student at the University of Auckland.

The four Susan Selway Scholarships went to Jane Alexander, Helen Bush, Brigitte Gorman and Nic Ward.

The College heartily congratulates all award recipients.

NZCCP Membership News

At the National Executive meetings since the ShrinkRAP Summer 2014 edition was published, we would like to welcome the following people in the following categories:

Full Members of the College:

Tessa Brudevold-Iversen, Auckland

Maia Eremin, Auckland

Bridget Fleming, Auckland

Shelley James, Auckland

Stephen Haines, Wairarapa

As a Full Member, each may now use the acronym MNZCCP.

Associate Members of the College:

Lauren Callow, Wellington

Karen Faisandier, Palmerston North

Kirsty Furness, Auckland

Eve Hermansson-Webb, Auckland

Cissy Li, Wellington

Kara-Lise Duxfield, Palmerston North

Zara Mansoor, Wellington

Hadyn McKendry, Christchurch

Veena Sothieson, Palmerston North

Anneke Thornton, New Plymouth

Helen Vykopal, Auckland

The National Executive wishes to congratulate these people on attaining their new membership status.

Membership renewals

There are still a few of you who haven't yet renewed your membership. This is now very overdue and you are heartily encouraged to attend to this as soon as possible. You can renew your membership at the [online NZCCP/MPS subscription renewal page](http://www.nzccp.co.nz/online-nzccp/mps-subscription-renewal-page).

Journal NZCCP

The themes for the Journal NZCCP 2015 issues are:

Bodies, published June 2015, deadline 30 April

Care of Older People, published November 2015, deadline 15 October 2015

If you have (or know of someone else who has) an interest in any of the above themes and

- could write an article, or
- do a literature search, or
- if you could review a conference or workshop you've attended, or
- review a book or article you've read, or
- if you are aware of some good online assessment measures or apps,

please contact Caroline at office@nzccp.co.nz.

If there is a book you want to read and are interested in reviewing it, Journal book review editor, Dr. Charlene Rapsey (charlapsey@gmail.com), may be able to get you a free review copy.

Please don't forget that we are always keen to receive and publish letters to the editor, and encourage all students to submit articles, case studies, book reviews, commentaries on a set of abstracts, reviews of conferences or workshops and students whose submissions are published are paid \$100.

From the Editor

Readers are encouraged to send information about new and relevant applications and resources for inclusion in ShrinkRAP.

Notes of the meeting of the Psychology Workforce Group (PWG) on 17 February 2014.

Internships

The results of the national survey carried out by PWG on psychology internships was discussed. Half of the 18 programmes responded. This represented 67.25FTE internships. Those present were appreciative of the work done so far on the survey but felt that there was a need for qualitative data to find out more about the programmes and their locations. There is a need to find the gaps and generate solutions to the issues which are impacting on students who require internships to complete their programmes. DHBs have contractual obligations under the

MECA re payments for interns. Concern was expressed that only .54 of intern positions noted in the survey were in salaried positions.

It was agreed that

- PWG needed more data to advocate on the issues of finding and funding internships and ensuring adequate supervision.
- This data needs to cover the broad range of psychology internships.
- DHBs need to be made aware of the value of interns instead of filling positions with staff who may not have the same skill level.
- Models of internships from other countries and professions that are working might be instructive

Scope it right

There was a discussion of the "Scope it right" – workforce development paper generated by the Werry Centre, Te Rau Matatini, LeVa, Matua Raki and Te Pou.

Issues raised were

- It is important to define what it means to "work at the top of scope" – (the paper defines this)
- We need to plan ahead for the allied health and technical workforce in an environment of limited resources where optimizing current resources is a priority
- This raises the question of whether we are currently using the skill sets available in the best way
- Psychologists need to keep up with changes in roles
- Psychologists need to be aware of their specialty skills, their uniqueness and value
- There are consequences where there is lack of role clarity and boundaries overlap.
- There is a broad question of how do we look after people in NZ – who can provide the best quality care?
- Psychologists need to work in supervision, education and leadership roles
- It is important that universities pay attention and are interested in scopes
- The "Future of Psychology" meetings had attracted a good level of interest and that a meeting was planned at the NZCCP conference

Māori and Pasifika Workforce Issues

Māori and Pasifika workforce issues are being prioritised in all Health Workforce NZ (HWNZ) streams so there will be projects arising out of this and workforce intelligence is being gathered. The Werry Centre has also been looking at numbers of Māori and Pasifika psychology. DHBs are also seeing that having the appropriate workforce to work with Māori and Pasifika people is a high priority.

Allied Mental Health Forum (AMHF)

The Allied Mental Health Forum has met three times with attendees from the New Zealand Association of Psychotherapy, New Zealand Association of Counselling, Music Therapy New Zealand, Aotearoa New Zealand Association of Social Workers, Addiction Practitioners Association Aotearoa New Zealand, New Zealand Association of Occupational Therapists, New Zealand College of Clinical Psychologists, New Zealand Psychological Society. A briefing has been sent to the new Minister of Health had the Forum is looking at collecting narratives of what is occurring in allied mental health which can be used for advocacy. The Forum is also looking at finding out what is happening around professional development for allied mental health professionals. There was also a discussion about having practitioners also attend AMHF where their are currently non-practitioner representatives.

Summary of the Psychology Profession Advisory Forum (PPAF) meeting, 17 February, 2014

Representatives of the New Zealand Psychologists Board, the New Zealand College of Clinical Psychologists, the New Zealand Psychological Society, the DHB Professional Leaders, university HoDs, and training Programme Leaders attended this half-day meeting in Wellington.

The Professional Leaders will be meeting at the end of March, so there should be more news at PPAF's May meeting. Placements for the HWNZ-supported Intern Psychologists for 2015 are sorted, and the students start soon. There are, however, still lots of issues to be sorted for future rounds of placements. Finally, access to professional development is still quite variable.

Psychologists Board "self-assessment"

The Board will be carrying out a self-assessment exercise shortly. An external

facilitator will help them apply a tool developed in Ontario, which is based in large part on the UK Professional Standards Association's standards for regulators. The exercise will guide the Board's reflections on things such as relationships with stakeholders, challenging assumptions, and seeking evidence for the effectiveness of their work. They will report on relevant results at the May PPAF meeting.

APC fees unchanged for 2015/2016

The fees schedule for the coming APC year has been gazetted, and that there have been no changes from last year. The coming year will see a number of very big changes however, so the fees are likely to be adjusted next year.

Review of the Trans-Tasman Mutual Recognition Agreement (TTMRA)

The Australian Productivity Commission is once again reviewing the TTMRA. The Board will decide tomorrow whether or not to make a submission. At least one major RA will be arguing that the Agreement is no longer fit for purpose and should be scrapped (in regard to international workforces).

Consumer brochure

The Board's secretariat has produced a new brochure to educate the public about our role and mandate. A draft will be field-tested in the very near future.

Review of the CCP

John Bushnell and Frank O'Connor have submitted their report and recommendations to the Board. The Board will consider these at their meetings later this week and a decision will then be made about implementation and/or further consultation.

Review of the Board's "Accreditation Standards and Procedures"

John Bushnell has submitted his report for the Board's consideration. The Board will discuss the next steps of the consultation later this week.

Colocation of RA secretariats, and a "shared services" initiative

The development of the new shared service model is going quite smoothly. The physical colocation is now expected to happen in August.

International Project on Competence in Psychology (IPCP)

The Working Group had a very productive meeting in Auckland recently. The remaining steps of the project were outlined, and it was stressed that the International Declaration of Core Competences will simply serve as an optional, common starting point for each jurisdiction to consider. Having two members on the working group has helped New Zealand build some great connections for the future.

Joint meetings with ASEAN Regional Union of Psychological Societies (ARUPS) and the PsyBA

The Board will send two representatives to the (5th) ARUPS Congress next month. Due to lack of initial interest, the Pacific-focussed meeting planned for April has been cancelled, and the Board and the PsyBA will now focus their efforts on generating interest in a larger meeting in Yokohama in mid-2016.

Expiration of Board member terms and appointment of new members

Three Board members' terms expired earlier this year. The Minister has recently agreed to appoint two additional members (one lay and one practitioner) to the Board to help with quorum-related risk issues. A call for nominations went out from the Ministry in December, but only five practitioners have applied for appointment. It is likely that four of them will be appointed in the coming weeks. Finally Ann Connell and Monique Faleafa were re-elected to their respective roles for 2015.

Development of new Best Practice Guidelines

The guidelines on "Informed Consent" go to the Board this week, and will then be published for consultation. Most of the issues brought up at the last PPAF meeting re administration, interpretation, and storage of psychometrics online have already been addressed in the Board's guidelines on test use and record keeping (or in the Code of Ethics).

"Grand-parenting" applications for the Counselling Psychologist scope

To date only four applications have been received, and all of them were approved. A few other enquiries have been made.

Essential Skills list update

The Ministry of Business, Innovation and Employment (MBIE) has dropped Educational Psychologists off of the Long-Term Shortages

list. Apparently too few of them are applying for migration each year, and the Ministry say that they can still be recruited from overseas using other mechanisms. The Ministry of Education is still recruiting in the UK.

Occupation Outlook App released

MBIE has also recently released a new app that looks at about 15 professions, one of which is psychology. The app reportedly describes psychologists well, and also provides a direct link to the Society and College websites.

A question was raised at the last PPAF meeting about what Medical Practitioners have to do to demonstrate cultural competence. On follow up it was discovered that the Medical Council and the various Colleges (n > 20) all participate in the establishment and assessment of cultural competence standards for medical practitioners. The Council have a supervision process for international medical graduates which covers cultural competence. It was suggested that PPAF could consider a project to develop joint guidelines on cultural competence that could be used to (amongst other things) facilitate the integration of overseas registrants, having said that the assessment of cultural competence is very difficult.

ACC/NZCCP/NZPsS liaison meeting, 9 December 2014

The ISSC project went live on 24 November. The Sensitive Claims Unit has had a restructure to align with the new service design and the new title for a Case Manager is a Sensitive Claims Service Coordinator. It is intended that clients will now have the same Service Co-ordinator throughout their interaction with ACC.

There was feedback that there needs to be structure around how the transition is carried out. ACC is to find out whether there would be a change in Service Coordinator if you were to transition a client now. When transitioning clients it's about making the transition at natural points where the purchase order ceases. However, it is ultimately about client choice and whether they want to move to the fully funded services or continue on regulations with potential co- payments.

ACC acknowledges the struggle with providers not understanding the change in relationship with suppliers.

Wait lists were flagged as an issue due to demand and there is a need to think about how wait lists are managed. However, it was discussed that the contract states: *You will ensure that you have and maintain the capacity needed to respond to clients directly who are approaching or being referred to you, including a range and mix of client demands.*

It was clarified that as a supplier you can decline a referral if you don't have the skill level and speciality expertise and that the unit is there to refer back to. It was stressed that there is flexibility and people need to be aware of this flexibility.

Discussed the issues of clinicians (Suppliers) moving into management roles and not having management skills.

ACC taking on the last BAP for now and ACC will to send through full list.

Incapacity assessments

ACC has rolled out a pilot for additional clinicians to carry out incapacity assessments. Clinical psychologists can now do incapacity assessments in areas where there have been capacity issues. So far 19 clinical psychologists have picked this up over 16 locations.

The incapacity assessment asks questions around how the mental injury diagnosis may potentially affect their ability to work. The impairment assessment looks at the impairments which stem from the mental injury in terms of their everyday functioning. Shirley to find out whether she is able to send through the incapacity questions in the incapacity assessment template to Catherine.

Telepsychology guidelines

It was questioned as to why ACC has published their own telepsychology guidelines when it duplicates the work already done by the Psychologists Board. It was clarified that the ACC guidelines had already been developed and they are specifically tailored to ACC's business requirements. These guidelines are available online.

Payment of the ISSC administration and management fee

It was clarified that the supplier is able to invoice for an administration and management fee of \$151.40 per client as a one off payment. There was concern that suppliers are subcontracting providers at different prices. ACC encourages providers to have negotiations with suppliers in regards to sub-contracting prices. There will be future opportunity for psychologists to become suppliers themselves.

Continuity plans

It was suggested some psychologists are having difficulty in getting information if a case manager is away- it can take many attempts to get information from a manager. ACC are to go back to the unit to ascertain what the process is when a service coordinator is away. The process is to send documents to a central box rather than to a particular service coordinator so this may mitigate some of this issue. Also, there is a triage process in the unit for new clients so this may also assist.

Travel

If you as a provider have indicated to your supplier that you are going to work in a territorial local authority (TLA), there is only a travel payment available if you travel outside a radius of 20kms from the TLA base address.

If a supplier is requested to provide services in a TLA that they are not contracted for they are eligible to be reimbursed for travel. This is required to be pre-approved and requests for service will be in response to a capacity or coverage issues. The confusion with the contract is that people have put their hands up for multiple TLAs not realising that they won't get paid for travel from their base address to all of these TLAs.

The same above concept with travel applies when visiting prisons outside of their TLAs. If travel is an issue then flag it with the SCU service coordinator as there are always anomalies.

Issues around named providers

There have been some scenarios where people have been put up as a provider with one supplier and have passed the RFT evaluation process whereas they've been put up with another supplier and have not passed. This has been because of the information supplied by each Supplier and

under a procurement process each application is evaluated separately. ACC has subsequently reviewed the evaluations and if a Provider has passed with one Supplier they will now be passed for any other Supplier they have applied with.

Procurement have informed all Suppliers of their providers who have now been made successful.

Debrief letters are currently being sent out to those who were unsuccessful with their tender application with explanations.

Clarification over hours of delivery for assessment.

There are two processes:

If you are a lead provider and you are not an approved Assessor then there is an allocation of 10 hours for you to work with the client and the approved Assessor. If you are the approved Assessor then there is up to 6 hours to do the assessment with the client and up to 10 hours to write the report. As the assessor you need to allow an hour of that 6 hours for reviewing the report with the client.

There is no requirement for treatment recommendations in the assessment report.

Timeframes for referral

As per the service schedule there is up to 18 working days from the time a client is referred till they have their first appointment.

Query about the family/whanau sessions and group sessions happening after 6 initial sessions. Why is it after 6 sessions?

You can complete the initial appointment with the client and submit the engagement form. You can then contact SCU and request support services straight away. This can then be raised on the purchase order and is required to be pre-approved.

ACC/NZCCP/NZPsS liaison meeting, 3 March 2014

Update on activity around the ISSC contract
Official launch of the ISSC occurred on Monday 2 March with Ministers of Justice and ACC attending. Louise Nicholas spoke from a survivor perspective.

Sarah Hutchings is putting together a Communications plan introducing more regular contact with suppliers which will be facilitated by Wendy Treacy and Selena Dominguez.

Feedback from the sector suggests that there is plenty of work for suppliers and clients are pleased that they no longer have to pay a surcharge. Feedback from suppliers and clients indicate that clients are finding sensitive claims services easier to access and that they appreciate being able to progress at their own pace. Suppliers have commented that they have found the new ISSC Service somewhat daunting but feel that they are becoming more familiar with what is required over time. There is acknowledgement that there have been hiccups on both ACC and the suppliers' sides but generally everyone is working together well to resolve these in the interests of providing an excellent service for clients.

Clinical Feedback

Mental injury assessment training has been requested from some providers and this is likely to occur in May this year. These are a number of new assessors and ACC is requiring new assessors to receive supervision from experienced ACC assessors so that the new assessors know what is expected by ACC and so they have a positive experience right from the start. ACC will be training assessors as to what is expected in carrying out the assessment and report writing. However, ACC will not be training providers as to how to conduct assessments because it is expected that assessors are well trained and experienced in assessment. The WHODAS: 2.0 and the PWI will be covered in the assessor training as these are new measures which have been introduced and there has been some confusion on both ACC and assessor's part as to what is required.

There are some upcoming opportunities for people to up-skill in their knowledge of classification through the NZPsS classification workshops (mainly DSM-5) and the PDM workshops by Nancy McWilliams in July this year being organised by the New Zealand Association of Psychotherapists. Suppliers have been informed about these workshops.

ACC is currently exploring and testing some concepts with providers about how ACC and suppliers/providers can work together in the future. Some of the concepts include having mandatory induction, sharing of evidence-based practice and looking at supporting and educating providers to a greater extent than has been done in the past. It is accepted that some providers feel that they have not been well supported by ACC and have not necessarily felt trusted by ACC. ACC

acknowledges that providers are vital to the success of its business and that relationships can be improved. ACC is also looking at how providers can feel more empowered in their clinical decision making and ways in which reporting requirements may be reduced. ACC is also looking at how providers can interact more easily with ACC and clarifying the communication pathways. At present, these are just exploratory concepts which are being tested with suppliers/ providers and professional bodies.

National List of ISSC Suppliers

Suppliers are currently listed on findsupport.co.nz but individual providers are

not listed. We have had 110 new providers currently applying to go under supplier's contracts. ACC is looking at geographical gaps to discover where new providers are required. The ISSC contract is currently open but ACC realises that it will not be helpful to providers for there to be an excessive number accepted on the contract. Client numbers are currently increasing so we do need to ensure that there are sufficient providers throughout New Zealand. Every six weeks suppliers can put in new applications for named providers. Prioritisation will be given to those geographical areas where there is a need for more providers.

NZCCP

National Education Training Timetable

The NZ College of Clinical Psychologists aims to encourage and facilitate continuing education opportunities for members, by providing nationally coordinated events to a high standard. Our goal is to coordinate training opportunities between branches with the goal of facilitating training in all regions. Please consult the [Event Calendar](#) on the College website for further information and links

TRAINING TIMETABLE

NZCCP Events

LOCATION	MONTH	PRESENTER/ CONTENT
Wellington	24 July	Michael Garret/ CBT for Psychosis in a Psychoanalytic Frame

Other Events

LOCATION	MONTH	PRESENTER/ CONTENT
Dunedin	7-8 May	Dr Robert Muller/ Trauma and the Avoidant Client
Auckland	12 June	Dr Pieter Rossouw/The Neuroscience of Ageing
Wellington	8-11 July	Australasian Human Development Association Conference
Wellington	24-25 July	Nancy McWilliams/Introducing the second edition of the Psychodynamic Diagnostic Manual
Hamilton	16-19 November	Healing Our Spirit Worldwide - The Seventh Gathering
Wellington	24-28 November	ANZ ACBS conference

Trauma and the Avoidant Client

Engaging traumatised clients who avoid attachment, closeness, and painful feelings

Professor Robert T. Muller (York University, Canada)



Robert T. Muller (PhD, C.Psych) trained at Harvard University, and is currently a Professor of Clinical Psychology at York University. Dr Muller has over twenty years experience in the areas of trauma, attachment, and psychotherapy. He is the author of the award-winning psychotherapy book **Trauma and the Avoidant Client: Attachment-Based Strategies for Healing**. Dr Muller is currently the lead investigator in a multi-site programme for the assessment and treatment of intra-familial trauma and maintains an active private practice in downtown, Toronto, Canada.

Dr Muller will show how to work with such hard-to-treat clients using a relational, psychodynamic approach. The individual is encouraged to mourn losses, face vulnerabilities, and regain a sense of trust in others. This workshop will focus on practical clinical technique. Theory is complemented by case and session examples, and role playing exercises.

Learning objectives:

- Recognise characteristics of avoidant attachment
- Productively use trauma-related symptoms
- Maximise client engagement throughout the process
- Work with affect
- Recognise and use client transference
- Effectively manage and use therapist counter-transference
- Plan for the termination phase

This workshop is designed for psychologists, psychotherapists, social workers, counsellors, and health/mental health professionals working with clients coping with trauma or trauma-related problems and symptoms.

TWO DAY WORKSHOP

9am to 4pm, Thursday 7th & Friday 8th May 2015

Register now and pay \$575 (including GST)

including a copy of Dr Muller's book

Register after April 17th and pay \$690 (including GST)



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Leah is a Sydney-based doctoral-level clinical psychologist with 20 years of clinical and teaching expertise in CBT and traumatology

2015 Trauma Education

presented by
Dr Leah Giarratano



Two highly regarded CPD activities for all mental health professionals: 14 CPD hours for each activity

Clinical skills for treating posttraumatic stress disorder (Treating PTSD)

This two-day (8:30am-4:30pm) program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. The techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. The emphasis is upon imparting immediately practical skills and up-to-date research in this area.

7-8 May, Brisbane CBD	11-12 June, Perth CBD	25-26 June, Auckland CBD
21-22 May, Melbourne CBD	18-19 June, Adelaide CBD	12-13 November, Melbourne CBD
28-29 May, Sydney CBD		19-20 November, Sydney CBD

Clinical skills for treating complex trauma (Treating Complex Trauma)

This two-day (8:30am-4:30pm) program focuses upon phase-based treatment for adult survivors of child abuse and neglect. Participants must have first completed the 'Treating PTSD' program. The workshop completes Leah's four-day trauma-focused training. The content is applicable to both adult and adolescent populations. The program incorporates practical, current experiential techniques showing promising results with this population; techniques are drawn from EFTT, Metacognitive Therapy, Schema Therapy, attachment pathology treatment, ACT, CBT, and DBT.

14-15 May, Darwin CBD	23-24 July, Sydney CBD	29-30 October, Perth CBD
4-5 June, Cairns CBD	30-31 July, Auckland CBD	5-6 November Brisbane CBD
16-17 July, Melbourne CBD	22-23 October, Adelaide CBD	26-27 November, Sydney CBD

Program Fee for each activity is in Australian Dollars (AUD)

Travel to Australia \$500 AUD (when you fax this form to pay for an Australian workshop with a Visa or Master card)

Auckland Early Bird \$600 AUD if you register by 18/3/15 or \$550 AUD each if you register to both workshops using this form by fax

Auckland Normal Fee \$650 AUD if you register after 18/3/15 or \$600 AUD each if you register to both workshops using this form by fax

Program fee includes program materials, lunches, morning and afternoon teas on both workshop days

Direct your enquiries to Joshua George on (00612) 9823 3374 (phone/fax/voice) Email: mail@talominbooks.com

For more details about these offerings and books by Leah Giarratano refer to www.talominbooks.com

2015 Trauma Education Registration Form for NZCCP

Please circle the workshop/s you wish to attend above and return a copy of this completed page

Name:	
Address:	
Phone:	Email (*essential*):
Mobile:	Special dietary requirements:
Method of payment (circle one) Visa MasterCard	
Name of cardholder: (if using a credit card)	Expiry Date:
Card Number:	Card Verification Number:
Signature of card holder: (if using a credit card)	Debit amount in Australian Dollars: \$
<p><u>Cheques are to be made out to Talomin Books Pty Ltd in Australian Dollars and mailed to PO Box 877, Mascot NSW 1460 Australia</u></p> <p>If payment is made with a credit card (or if you are reserving a place), simply complete the information above and fax this page to (00612) 9823 3374.</p> <p>A receipt will be emailed to you upon processing. Note: Attendee withdrawals and transfers attract a processing fee of \$55 AUD.</p> <p>No withdrawals are permitted in the seven days prior to the workshop; however positions are transferable to anyone you nominate.</p>	