

Newsletter of the New Zealand College of Clinical Psychologists THE SPECIALIST ORGANISATION FOR CLINICAL PSYCHOLOGISTS

> ISSN 1174-4251 (Print) ISSN 1175-3110 (Online)



### ALL THE BEST FOR A FABULOUS FUN-FILLED FESTIVE SEASON!



### Matariki-Puanga, Te Wiki o Te Reo Māori, Mahuru Māori, Te Petihana i ū ai Te Reo Māori: kua huri te tai

Māori advancements continue to improve in leaps & bounds

<u>Contents</u>	_
REGISTER NOW	
Presi-Rap	2
NZCCP Student Representative Update	3
NZCCP Membership News	4
Benefits of College membership for Clinical Psychology Students - Kaimātai Hinengaro Tāuira	5
Applications open for the annual NZCCP Grants and Scholarships	6
Journal NZCCP	7
Rewriting the Code of Ethics (COE) – Your Chance to Comment	
Apology to indigenous psychologists	8
NZCCP Webinar Series: Reminder Call for Presenters	8
Family Violence and Tenancy Termination: Psychologists can support a client's application	9
Introducing Allied Health Awards	. 10
Invitations to participate in research projects	
Professional Development opportunities	. 12
Classified	. 13

NZCCP PO BOX 24088 WELLINGTON T: 04 801 6088 E: office@nzccp.co.nz W:www@nzccp.co.nz

DECEMBER 2022



NZCCP NATIONAL CONFERENCE & ASSOCIATED WORKSHOPS Saturday 25 & Sunday 26 March, 2023, Wellington DOWNLOAD the PROGRAMME HERE

#### Presi-Rap

Kia ora tātou,

The first phase of the strategic planning has been complete by the College Executive. The second phase is in progress, it has taken longer than we had hoped but good things are worth the wait and we hope that this will be an example of that. As a follow-on from this most of the Executive has completed a governance course with the institute of Directors, to ensure that we are up-to-date with our duties and responsibilities to the College. We have started a governance review process to bring us in line with the new legislation and reflect our responsibilities to our growing staff, budget and membership.

Nationally, we continue to be committed to an ongoing focus on offering Kaupapa Māori training to members at reduced cost. We are again offering the Meihana Model training during 2023. This year's participants in the training all gave positive feedback, and while the costs have increased this year, supporting members to improve their cultural competencies is an important role for us. The NZCCP subsidised <u>He Puna Wakaata</u> training roadshow also continues into next year with workshops in March in Ponekeneke, June in Ōtepoti, and September in Tamaki Makaurau

The ACC internship issue continues to be raised amongst members and others. Despite very little hope for change, we continue to have conversations with ACC to provide potential solutions/options for ACC to consider allowing interns to work on this contract.

Paul and Tricia attended a full day meeting at Parliament with ADHD NZ, Chloe Swarbrick, Pharmac, College of Psychiatrists, College of GPs, Police and others. Some of the initial work that has come out of that day is that Pharmac have agreed to review the 'special authority', for methylphenidate. NZCCP and other Colleges are reviewing the AADPA guidelines (Australian) released in October to consider endorsing which will lead to a Special interest group engaged to review the guidelines for NZ; we will be looking for interest within the College for that group.

NZCCP submitted a submission in regarding <u>petition of Marion Maw</u> on the need for ERP to be made available for people with OCD.

As always, the College is a member-led organisation. If you have ideas or feedback for us on the work and direction of the College or wish to be more actively involved, please do get in touch with Caroline, Kara and Paul in the office.

Ngā mihi mahana kia koutou, Tricia & Angus Presidents

#### NZCCP Student Representative Update

Andre Mason

This year has been a busy one for Asher and me. We said at the start of the year that we wanted to prioritise connection to, and engagement with, the student body. We see our role as an opportunity to listen to the student voice and amplify it in such a way that we take steps towards enhancing the student experience.

Our first step, beyond introducing ourselves, was to hear from the students about their experiences. To do this, we created the 2022 NZCCP Student Survey which ran from 8<sup>th</sup> June to 26<sup>th</sup> June 2022. Eighty-two students began the survey with 44 (53.7%) continuing on to completion. Response rates to each of the questions varied. The survey was designed with a mixture of closed and open-ended questions that explored student's perceptions around (1) issues that students face completing their training, (2) NZCCP support and advocacy, and (3) Connection and Community.

We intend to release these findings as part of an on-going student series that will be paired with other initiatives and continue into 2023. Today's snippet relates to student's experiences engaging with the NZCCP and the barriers which have limited and/or continue to limit their engagement.

#### Student Engagement with the NZCCP

Overall, students tended to express positive experiences when previously engaging with the College. They reported feeling welcome and described their previous engagements and friendly, helpful, and prompt. When asked to specify what limited their engagement with the College, students broadly identified barriers related to time, uncertainty whether students were welcome at the event, and accessibility (e.g. being unsure who to contact). Students described being time poor and struggling to engage with the College beyond their academic and extra-curricular commitments. They also reported feeling unsure about whether students were welcome at events and a sense of awkwardness about interacting with 'real' psychologists at training events. Finally, students described difficulty in knowing who to contact about NZCCP events or no longer living in close proximity to their local branch.

What can we do to overcome these barriers?

- Work with branch leaders to develop events that welcome clinical psychology students into the professional space.
- Work with the NZCCP Council to develop more online resources and recordings of events, where possible, to allow for later engagement with material.
- Work with Universities towards the possibility for NZCCP events to be recognized within their training schedules.

#### **NZCCP Membership News**

#### Newly approved NZCCP members

The National Executive welcomes the following new members who have joined the College since the last ShrinkRAP.

#### **Associate Members**

Shareeka Angamia (Auckland) Amelia Backhouse-Smith (Auckland) Sian Bensa (Auckland) Anne-Claire Caines (Auckland) Louise Cody (Canterbury) Nikita Dowling (Canterbury) Regan Haswell (Auckland) Jenna Heins (Canterbury) Kelly Jacobs (Auckland) Ben Jones (Hawke's Bay) Kerry Makin-Byrd (Wellington) Kirsten Robertson (Canterbury) Dominika Watts (Auckland) Timothy Williams (Canterbury)

#### **Full Members**

Merryck Anderson (Wellington) Ella Barrett (Wellington) Uvonne Callan-Bartkiw (Auckland) Nicole Cameron (Palmerston North) Simon Chesney (Auckland) Rachel Cotter (Canterbury) Lucy Cowie (Auckland) Brylee Cresswell (Hamilton) Aramis Dennan (Auckland) Chelsea Dowling (Manawatu-Whanganui) Matthew Dua (Canterbury) Dhakshi Gamage (Auckland) Kate Harris (Canterbury) Kessiah Hunt (Auckland) Niha Jalota (Palmerston North) Amy Kercher (Auckland) Rebecca Leidig (Waikato) Kayla Mackie (Waikato) Amy McDonald (Auckland) Brodie McKinlay (Wellington) Melissa Melnick (Wellington) Sharlene Murdoch (Waikato) Mark Norburn (Tauranga) Claire Pearce (Auckland) Kirsten Reilly (Auckland) Amber Scott (Canterbury) Katharine Treves (Taranaki) Yolanda (Paniagiota) Valdez (Auckland) Maryna Verynska (Canterbury) Nicole Winters (Wellington) Chris Wu (Canterbury)

#### As a Full Member, each may now use the acronym MNZCCP.

The National Executive congratulates these people on attaining their new membership status.

#### NZCCP membership Benefits include:

The **Find a Clinical Psychologist resource** which also now has an availability field so you **can indicate** whether or not you are available for new clients and referrals, and also *when* you are available. If you are in private practice and/or you already have a listing please go to <u>https://www.nzccp.co.nz/your-account/manage-your-private-practice-details-for-publication/</u> to add or update your private practice details and please make sure that you include your availability! This is an excellent resource if you wish to refer clients to someone of good standing when the client changes location. It also serves to generate referrals for interested clinicians.

Free access to 25 video recordings/year of the work of master therapists and different therapeutic approaches, from Psychotherapy.Net for ongoing Continuing Professional Development.

**NZCCP hosted Zoom presentations:** The College has been hosting a series of monthly hour long continuing education webinars for members. Most of these are available to view <u>here</u>.

Free access to ProQuest's Health Research Premium Collection Central, the world's most varied collection of health sciences literature.

Access to excellent Professional Indemnity Insurance: Members of the College can purchase membership of the <u>Medical Protection Society (MPS)</u>, which provides access to legal advice and representation in the event of a hearing. The <u>Medical Protection Society (MPS)</u> also facilitates a free EAP style counselling service for members who may be having difficulties or issues in their personal or professional lives.

The **Facebook group for private practitioners** provides a forum for sharing ideas and information relating to running a private practice. Click on this link and ask to join the group: <u>https://www.facebook.com/groups/1974851039510715/</u>. The College's Facebook activity also includes other discussion groups including the <u>teletherapy discussion group</u>, the <u>family court</u> special interest group, Psychologists Providing Services to NZ Police group, student members group, and branch groups for <u>Auckland</u> and for <u>Otago/Southland</u>. Recently added groups include <u>All Members'' Facebook group</u>, which is open to all College members, and the <u>NZCCP ACC</u> <u>Clinical Psychology Providers Group</u>, a discussion/support page for NZCCP members who work under the ACC Contracts. If you're a Facebook user, please feel free to click on and sign up to those groups. Please don't hesitate to let me know if you want me to create more regional or special interest groups within the page.

Please to go the **NZCCP facebook page** at <u>https://www.facebook.com/nzccp/</u> to post and to like and share events and other interesting and relevant information.

## Benefits of College membership for Clinical Psychology Students - Kaimātai Hinengaro Tāuira

Resources for students

You can find information on various topics related to clinical psychology work here (<u>https://www.nzccp.co.nz/membership/members-only-resources/recommended-resources-2/</u>). This will grow over time as we ask College members who work in each area to add their "go to" resources. If you have a resource you've found particularly helpful please share it with us by emailing Caroline (Executive Director) at <u>office@nzccp.co.nz</u>. *Mentoring programme* 

We have had many wonderful senior clinical psychologists offer their support for our <u>Tuakana/Teina Mentorship Programme</u> for trainee and early-career psychologists. If you are interested in being part of this scheme, either as a mentor or receiving mentorship, you can sign up <u>here</u> any time.

Advocating for students:

The College leadership meet regularly with government ministers and write letters in support of issues pertaining to clinical psychology students. If there are issues you would like the College to

NZCCP PO BOX 24088 WELLINGTON T: 04 801 6088 E: office@nzccp.co.nz W:www@nzccp.co.nz DECEMBER 2022

address on your behalf, please let us know by contacting your local student rep or the national student representatives (General Student Representative George Guthrie and Māori Student Representative Irie Schimanski are available to kōrero with at <u>studentreps@nzccp.co.nz</u>).

NZCCP member benefits for clinical psychology students include:

- Free professional indemnity insurance with the Medical Protection Society (MPS). MPS also facilitates a free EAP style counselling service for members who may be having difficulties or issues in their personal or professional lives.
- Free access to 25 video recordings/year of the work of master therapists and different therapeutic approaches from Psychotherapy.Net for ongoing Continuing Professional Development.
- Annual scholarships and student prizes at our annual conference
- Reduced subscription fees for the first two years of membership of the College after you graduate
- The NZCCP has a strong emphasis on supporting Māori through clinical psychology training and tautoko the kaupapa of <u>Te Paiaka Tipu</u> (Māori psychology students) and <u>He Paiaka</u> <u>Totara</u> (Māori psychologists).
- Short videos for NZCCP student members: NZCCP student reps interviewing a number of different clinicians from various fields (i.e. Corrections, private practice, DHB), including our very charismatic Maori psychologists, talking about their work and other extremely useful topics.
- NZCCP student member Facebook group at <u>https://www.facebook.com/groups/172521526883530/</u> for clinical psychology students across New Zealand to connect with each other and the College.

For a full list of please go to Clinical Psychology Students - Kaimātai Hinengaro Tāuira

The **NZ College of Clinical Psychologists website** has lots of other relevant and interesting information and events, also available directly from the following links:

#### Professional development events:

NZCCP Events Other workshops and Seminars For a more detailed list of what's coming up please go to National Education Training Timetable Job vacancies: North Island South Island

#### Applications open for the annual NZCCP Grants and Scholarships

The **NZCCP Research/Study Award**, of up to \$6,000, is offered annually to a full or associate member of the College to assist to them to undertake travel or a similar specific activity to further their education or interest in a clinical or research activity related to clinical psychology.

The annual **NZCCP Emerging Leaders Development Grant**, of up to \$5,000, is offered annually to a full member or members of the College to assist to them to conduct research and/or participate in an educational opportunity/skills training on the topic of leadership. The purpose of the grant is to enhance leadership capabilities of NZCCP members by supporting further education and/or research in the field of clinical leadership. Depending on the number and quality of applications, the grant may be awarded to multiple applicants in situations where a number of high-quality applications are received. The grant may be used to fund course fees, travel, accommodation, a daily allowance, or other expenses directly related to the above purpose, as detailed in their application.

The **<u>President's Award</u>**, of up to \$1,500, is offered annually to a student member of the College who is recognised as performing well in their training and as likely to make a positive contribution to Clinical Psychology in the future. The purpose of this award is to assist the student member to undertake the development of their knowledge and skills in Clinical Psychology and its application.

**NZCCP Travel Grant**. Up to four NZCCP Travel Grants of up to \$1,000 are provided annually to Full or Associate members of the College to assist them to travel to and attend a continuing education opportunity (such as a Conference, Workshop, or substantial organised site visit) either in New Zealand or overseas.

For more information go to the links above to download the criteria and application forms for each of these awards.

#### Journal NZCCP

The next Journal, Vol 33 (1) 2023, will be published mid-2023. The theme for this issue will be ADHD.

We welcome your submissions for this issue, provided you can get them to us by mid-April at the latest!

Articles may be short (even a few paragraphs) or longer, experiential or data driven, and about (for instance) psychological practice, personal experience, or reflections. Material can be published anonymously if you prefer.

Here are some types of submissions:

- case studies
- descriptions of innovative practice
- accounts of your experiences
- empirical research
- poems
- opinion pieces
- reviews of talks you have attended or books you've read
- an opinion about a piece we have previously published.

Please also let us know if there are any other clinical psychologists you think we should approach. We are very much looking forward to receiving your wonderful submissions (which can be submitted online here: http://www.nzccp.co.nz/about-the-college/publications-andresources/journal-nzccp-article-submission/)!

Thank you for your help, Paul, Wade, Liesje, Caroline and Kara

#### Rewriting the Code of Ethics (COE) - Your Chance to Comment

The Code of Ethics for Psychologists Working In New Zealand / Te Tikanga Matatika is now over 20 years old and needs revision and updating it so that it is fit for purpose for psychologists practising now and into the future.

Representatives from The NZ Psychologists Board, The NZ Psychological Society, the NZ College of Clinical Psychologists, He Paiaka Tōtara, and Pasifikology have formed to revise the COE. Surveys of all New Zealand psychologists and other discussions are guiding this development. A major rewrite of the COE is planned so it better facilitates psychologists in undertaking ethical, equitable, and culturally safe practice, and so it more strongly incorporates the values and world view of Te Ao Māori.

The working group will be giving a workshop at the NZCCP 2023 conference to briefly discuss steps in the development of the new COE so far, outline the values that will underpin it, and discuss the development process going forward. This will provide a great opportunity for feedback and discussion.

#### Apology to indigenous psychologists

A working group, comprising representatives from the Psychologists Board, the Psychological Society and the College of Clinical Psychologists with members of the NSCBI providing advice and guidance, has been meeting monthly since June to work on and formulate an appropriate response from the three organisations for the harm described in the Wai2725 claim.



The group has reviewed similar projects in US, Canada, and Australian and has reflected on what from those processes and apology formats would be useful to adapt to the NZ context. To provide the background in the apology we will reference and summarise some of these documents that have already been prepared, including the Wai2725 claim.

The group has been considering 'what might Maori need' and keeping this firmly in focus as we go through the process

An important aspect is formulating the organisations' response to the apology, i.e. what will change and what we will commit to doing differently.

There has been some discussion about what the apology itself will look like and we have reflected on the importance of and a desire to 'turn-up': not to simply put out a paper but to create the space for the process of apologising.

This project will grow in scope and offer numerous opportunities for membership engagement and as the apology is developed consultation will be sought from psychologists.

The working group will be giving a workshop at the NZCCP 2023 conference to briefly discuss the process so far. This will provide a great opportunity for feedback and discussion.

#### NZCCP Webinar Series: Reminder Call for Presenters

Following on from the message sent earlier this year, the College is keen to continue with the series of bi-/monthly 1-2 hour continuing education Zoom sessions for members.

- These sessions will be held as Zoom meetings, 7-8pm on the first or second Monday or Tuesday of the month, and, dependent on the presenter's preference, could be followed by an up-to-one hour discussion time in which interested attendees could discuss the topic in greater detail.
- The series is intended to cover a wide range of clinical psychology related topics and will be an opportunity for psychologists to learn both about their own field and also to become familiar with work and new developments in other fields of practice.
- It is hoped that the programme will be set well in advance to help members plan their attendance.

We are once again calling for expressions of interest from members who would like to present in this zoom presentation series. If you have a topic that you are passionate about and that you think that other members would get value from learning about, please let us know by contacting me at office@nzccp.co.nz with:

- The title and/or topic of your webinar ٠
- A brief abstract
- Months between February and December 2023 when you will or won't be available to present.

NZCCP PO BOX 24088 WELLINGTON T: 04 801 6088 E: office@nzccp.co.nz W:www@nzccp.co.nz

# Family Violence and Tenancy Termination: Psychologists can support a client's application

Recent changes have been made to the Residential Tenancies Act 1986 that enable victims of family violence to leave a tenancy with two days' notice (section 56B). Psychologists, along with other health professionals and workers in roles that might have contact with people experiencing family violence, have been identified as able to provide the evidence required to support an application.

There isn't an expectation that psychologists must do this, or that they are the best placed people to do it – but they are included in the list as it may be relevant for some people. It is all about making the process as accessible and barrier-free as possible.

### The Residential Tenancies (Termination for Physical Assault by Tenant and Withdrawal Following Family Violence) Regulations 2022

- The regulations were gazetted on 1 December 2022 and will come into force on 29 December 2022.
- These can be found <u>here</u>.
- The regulations cover the information required to be included in a withdrawal notice, what can be used as evidence of family violence (which must accompany the notice) and other matters.

### Registered psychologists are among those people who are specified in the regulations as able to provide evidence for a family violence withdrawal notice

- The withdrawal notice must attach one form of qualifying evidence that the tenant has experienced family violence during the tenancy.
- The regulations list people who can provide evidence of family violence and includes psychologists registered with the Psychologists Board.
- You may choose to develop protocols about how the process of providing evidence should work within your organisation, this is up to you.

# What to do if you are asked to provide evidence to enable a victim of family violence to use a withdrawal notice

- Nobody is obliged to provide evidence when asked and there are several other types of evidence which are acceptable.
  - If you are comfortable to provide evidence, this can be done in either of two ways:
    - a written statement made by completing the relevant section of the <u>withdrawal</u> <u>notice form</u>, or
    - $\circ~$  a statutory declaration (signed in front of an authorised person and declared to be true), for which a separate template is available <u>here</u>.
- The person providing evidence needs to state that they have grounds to believe that the person is a victim of family violence and that they are permitted to provide evidence. The nature of the family violence does not need to be described.
- The evidence can be emailed to the withdrawing tenant if necessary.
- Landlords may not challenge a withdrawal notice in the Tenancy Tribunal on the point of whether the family violence did or did not take place, only whether correct process has been followed.

#### More guidance and forms for use

More detailed guidance about the process is available on the MBIE Tenancy Services webpage,  $\underline{at}$  this link.

• Links to the withdrawal notice form and other templates are included in the guidance – these include a template for victims of family violence to make a statutory declaration which can be provided as evidence, and for landlords to advise remaining tenants of the rent reduction which follows a withdrawal.

#### **Information Line**

Advice about using family violence withdrawal notices and providing evidence is available by phoning the Tenancy Information line on 0800 836 262 (0800 TENANCY).

#### **Introducing Allied Health Awards**

The Allied Health Awards program and Virtual Gala aims to help every New Zealand Allied Health professional to develop a deeper understanding and celebration of each of the professional roles within the allied health community. The event will help recognise, inspire and promote innovation, excellence and healthcare impact within the allied health community.

We believe strongly for advocating and highlighting the importance of allied health and with such success within Australia over the last few years, with hundreds of nomination applications and hundreds in attendance, we have decided to expand to New Zealand in 2023. We are hoping to develop successful partnerships, promotion and engagement opportunities together with the professionals and businesses of the New Zealand Allied Health community as well as find 'Champions' who can help spread the word of the awards program.

More information about the awards program and how to nominate can be found on our website - <u>https://www.alliedhealthawards.com/</u>. Be sure to check out the FAQs.

#### ACC liaison meeting minutes and resources

- <u>ACC+NZPsS+NZCCP Meeting Minutes 29.8.2022</u>
- ACC+NZPsS+NZCCP Meeting Minutes 21.11.2022
- Understanding our new maternal birth injury cover
- ACC Resolving Issues Together

#### Invitations to participate in research projects

### Suicide risk assessment in public mental health services: current processes and a pathway to improved practice in Aotearoa New Zealand

Researchers at the University of Auckland are investigating registered mental health clinicians' experience with suicide risk assessment in Aotearoa New Zealand.

We will conduct a brief (15 minute) online survey as part of this research. The link can be found here:

https://auckland.au1.qualtrics.com/jfe/form/SV\_6J7zKMyvy37Eb40

If you have any questions about this study, please get in touch with the principal investigator: Dr Sarah Fortune (email: <u>sarah.fortune@auckland.ac.nz</u>)

Approved by the Auckland Health Research Ethics Committee on 24/08/2022 for three years. Reference number AH23881

### Help us understand how health practitioners in Aotearoa New Zealand assess/treat sleep problems in neurodevelopmental conditions

I am Burt, a postdoctoral research fellow in the School of Psychology at Te Herenga Waka – Victoria University of Wellington. Together with April Dobbie (Honours student) I am investigating the various ways health practitioners assess and treat sleep problems in children with neurodevelopmental conditions.

We are inviting health practitioners in Aotearoa New Zealand to help with this research by participating in a survey (anonymous) and/or interview. All health practitioners may participate,

NZCCP	PO BOX 24088	WELLINGTON	T: 04 801 6088	E: office@nzccp.co.nz	W:www@nzccp.co.nz
					DECEMBER 2022

but we are particularly interested to hear from those who see children with neurodevelopmental conditions.

If you would like to participate you can do so by clicking the links below. One link is for the anonymous online survey. The other link is to further information and an online consent form for those interested in participating the interview. The survey and interview each take approximately 25-30 minutes to complete. Your participation in the anonymous survey and/or interview would be greatly appreciated. If you are unable to help, we thank you for your time.

Anonymous online survey link: <u>https://vuw.qualtrics.com/jfe/form/SV\_080DfcKBtouFg6q</u> Qualitative interview link: <u>https://vuw.qualtrics.com/jfe/form/SV\_9YMMb1les9J3WYu</u>

#### **Qualitative Research Regarding Climate Anxiety**

My name is Sophia Stedman, and I am a Health Psychology Master's student at Te Herenga Waka-Victoria University of Wellington.

This email is to invite you to participate in qualitative research that explores how registered psychologists frame and perceive terms 'eco-anxiety', 'eco-distress' and 'eco-grief'. This is because there has been no clear consensus on how these terms should be defined (Clayton et al., 2017; Pihkala, 2018; Wardell, 2020).

This research aims to understand how the media conceptualises these eco-terms, compared to how psychologists frame or conceptualise these terms within their practice.

You are being invited to participate as a registered psychologist in New Zealand to share your knowledge and experience in the field regarding the mental health impacts of climate change. The participation will consist of one zoom/online interview, that will take an hour of your time at your discretion.

Please send an email to <u>sophiarstedman@gmail.com</u> to show your interest in participation.

Spirituality and psychology: how psychologists bridge the gap





# National Education Training Timetable

The NZ College of Clinical Psychologists aims to encourage and facilitate continuing education opportunities for members, by providing nationally coordinated events to a high standard. Our goal is to coordinate training opportunities between branches with the goal of facilitating training in all regions. Please <u>consult the</u> <u>College website</u> for further information and links (<u>http://www.nzccp.co.nz/events/event-calendar/</u>)

### TRAINING TIMETABLE

#### NZCCP Events

LOCATION	MONTH	PRESENTER/ CONTENT
Various	Various	NZCCP hosted "He Puna Whakaata" Roadshow, 2022/23
Wellington	23-27 March 2023	NZCCP Conference & Associated Workshops
Other Events		
LOCATION	MONTH	PRESENTER/ CONTENT
Webinars	Various	DBTNZ training now available
Webinars	Various	NZSIGN Monthly Neuropsychology Webinar Series
Online training	N/A	Foundations in Suicide Prevention All New Online Training
Auckland	10 February	Professional Disciplinary Tribunals: Research, Practice and New Directions
Christchurch	23 February	Navigating Emotional and Sexual Intimacy in Relationships
Tauranga	10-12 March	Collaborative Mediation Skills for Professionals
Christchurch	27 February-1 March	NZ Trauma Conference
Auckland	23-26 March	NZ Pain Society Conference
Auckland	29-31 March	Schema Therapy Training for New Zealand
Auckland	29 March	Guided Self-Help Cbt For Bulimia Nervosa
Wellington & online	Various	ACT Wellington 2023 training opportunities

NZCCP PO BOX 24088 WELLINGTON T: 04 801 6088 E: office@nzccp.co.nz W:www@nzccp.co.nz DECEMBER 2022



### Ngā Kōti o Aotearoa Courts of New Zealand

Kia ora koutou,

Ian Lambie has recently been tasked with heading the judicial wellbeing programme for Judges across Aotearoa New Zealand.

As part of this initiative we are looking to establish a group of experienced registered psychologists from diverse backgrounds from Kaitaia to Bluff who judges can access at their discretion to provide pastoral support and supervision.

The Registered psychologists must meet the following criteria:

- Have at least 10 years clinical experience.
- Have been trained in an accredited university post-graduate professional clinical training programme (i.e., ABA; Clinical; Health; or Forensic Psychology).
- Be currently registered in New Zealand as a psychologist and be receiving regular supervision.
- Not the subject to any previous or current complaints under the HPDT.
- Have no police record.

If you think this might be of interest then please send a brief CV outlining your experience, current supervisor and contact information for 2 referees to <u>Margaret.McKenzie@courts.govt.nz</u> Ngā mihi,

Prof Ian Lambie

### The Christchurch Bealey Centre Has Moved

The Bealey Centre, Christchurch has moved to new premises at

120 Hills Rd, Edgeware, 8013, Christchurch.

The Bealey Centre Associates look forward to welcoming clients, colleagues and friends to our new, well-appointed premises.

A blessing was held on Sunday 10th July to acknowledge the process of moving and to recognise the future therapeutic working to be undertaken within the Centre.

We have been fortunate to have been able to bring our regular and casual room renters across with us.

There remains some limited rental space for interested clinical psychologists to join our team.



# **Considering training in EMDR Therapy?**

From 2023, the University of Otago, Wellington will be offering Australasia's first university-based postgraduate training in **EMDR Therapy**.

Taught by leading EMDR educator Dr Tom Flewett, this comprehensive course covers the full EMDR Basic Training with some expansion of key topics.

It is designed for Aotearoa New Zealand's unique culture and provides a great opportunity for mental health professionals to upskill in this important area.



Visit <u>otago.ac.nz/emdr</u> to hear Tom Flewett and other practitioners talk about EMDR.

Applications for 2023 are now open and places are limited.

For more information: Web <u>otago.ac.nz/emdr</u> Email <u>emdr.uow@otago.ac.nz</u>

This course is offered by the Department of Psychological Medicine, University of Otago, Wellington.

#### CAIRNS TRANSCRIPTION SERVICE

Psychology and medical transcriber available for all your transcription needs. Over 30 years' experience. \$40 per typing hour, and the service is available six days per week. Work is usually turned around on a sameday basis. However, long files may take longer. Referee names can be provided. Accuracy and confidentiality guaranteed. A confidentiality agreement can be provided. Please email Amanda at Cairns Transcription Service, email address cairnstranscription@hotmail.com or call 027 634 2517 for further information. A response will be received within the hour.



# 42 Waimea Road Nelson 7010 PO Box 1618 Nelson 7040 03 548 3536 03 928 0975

nelsonclinic.nz (

#### Nationwide Contracting Opportunities for Psychologists with The Nelson Clinic

We are seeking psychologists from throughout New Zealand to join us on a contracting basis, in providing assessment, treatment, and intervention services to clients on ACC contracts, including Psychological Services (PSA), Integrated Services for Sensitive Claims (ISSC), and Neuropsychological Services (NASA).

If you are interested in working with clients with a range of clinical presentations including psychological needs related to either rehabilitation following physical injury or in response to the effects of sexual violence and trauma, then we would like to hear from you.

#### Who we are

The Nelson Clinic is a nationwide team of multidisciplinary professionals comprising psychologists, neuropsychologists, psychiatrists, psychotherapists, counsellors, art therapists, and social workers. We specialise in providing mental health services in diverse contexts, including ACC Physical Injury and Sensitive Claims. We are dedicated to providing compassionate and evidence-based treatment in working with the impact of sexual violence and physical injury and promoting healing, growth, and resilience. We take an integrative approach to psychological treatment, and tailor it to individual needs. We value developing a sense of connection and support within our team and thus offer regular peer supervision and opportunities for inter-disciplinary discussion.

#### What we offer

- Triaged referrals from our large established network
- A flexible and supportive working environment
- Comprehensive administrative support
- Fortnightly multidisciplinary meetings
- Monthly clinical peer supervision
- Organisational induction and a range of resources and tools to assist in streamlining clinical work
- Full training and access to our custom-developed electronic client management system (CMS)
- Streamlined billing and administrative processes through CMS
- Contract pay rate 90% of paid services
- Weekly payments
- Assistance with becoming registered with ACC

#### Skills and Experience Required

We are seeking psychologists with:

- A current annual practicing certificate and registration with the New Zealand Psychology Board together with membership of NZCCP or NZPS (ICP)
- An interest in providing trauma informed care and furthering professional development within the dynamic and emergent areas of trauma and rehabilitation
- Excellent relationship management skills with highly developed verbal and written communication skills
- At least two years post registration experience (or 1 year post registration experience for provisional status with established supervision from an ACC registered psychologist).
- Attention to engaging sensitively with cultural needs and awareness of and commitment to Te Tiriti o Waitangi
- Willingness to apply to become an ACC registered provider

Both casual enquiries and formal applications (cover letter & CV) are welcome via email to our Practice Manager, <u>Frances Brett</u> or via our <u>website</u>



### SEABROOK MCKENZIE CENTRE

Specialists in Specific Learning Disabilities www.seabrookmckenzie.net.

### Paediatric Occupational Therapist opportunity

The Seabrook McKenzie Centre is seeking an Occupational Therapist to join our multidisciplinary team. The position will involve conducting assessments and providing intervention for children with Specific Learning Disabilities, Developmental Dyspraxia and other Developmental Disorders. Professional development in working with children with Specific Learning Disabilities, will be offered to the successful applicant. Good communication skills and ability to work in a team are essential.

#### Qualifications

The appointee will have the relevant professional qualifications and recent practical experience as a paediatric occupational therapist. Knowledge of child developmental patterns and the ability to relate well with children are needed. Knowledge of Sensory Motor Integration theory is preferred, and Specific Learning Disabilities training is an advantage.

#### **Specific Tasks**

- Undertake individual assessments of children.
- Write assessment reports, liaising with parents and keeping records.
- Organising and providing sensory motor integration programmes with individuals, small groups.
- Providing training on sensory motor issues for our teacher-tutor training programme.
- Liaise with other team members, participating and providing professional expertise.

We are flexible in negotiating hours to suit. Alternatively, we are interested in discussions with a suitable professional who wishes to operate a self-employed business from our premises using our facilities. As a third option, our facilities may suit an occupational therapy business which wishes to expand into another location.

Please email your interest, any questions and any supporting documents to: The Director, <u>info@seabrookmckenzie.net</u>